

Coming of Age

Like many of you, our annual AAASP Conference provides me with a professional “fix” that motivates me for months, and I’m still haven’t come down from that “high” from our week in the “City of Brotherly Love.” As usual, we got our yearly dose of intellectual stimulation and social interaction with colleagues, old and new. Moreover, our 2003 Philadelphia Conference was packed with thought-provoking keynotes, interesting sessions, creative exchanges of ideas, intellectual debates, important decision-making, social opportunities, historical site seeing, and plenty of Philly cheese steaks.

This conference marked the eighteenth anniversary of the founding of AAASP. At 18, AAASP is like the precocious teenagers that many of us teach. We are an organization “coming of age” and ready to take our place as a leader of our field. However, like many teenagers, we sometimes balk at accepting the responsibility that goes with being a “mature” organization.

AAASP has enjoyed a rich history, full of highlights, including: recent expansion of certification, development of a new generation website, growing our membership to over 1300, and creating dynamic annual conferences that have attracted over 700 participants the past 3 years. These accomplishments reflect visionary leadership and a spirit of volunteerism by our membership that we can all take pride in.

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However, applied sport psychology has still not demonstrated the growth that many of us expected, putting AAASP at a critical juncture in its evolution. As we “come of age” as an organization, we have now developed the membership base and resources to begin to tackle the difficult issues facing our field and create the credibility and visibility for applied sport psychology necessary to allow us to exert a significant positive impact on sport and society. Where does AAASP need to go? I believe to become the leader in applied sport psychology, AAASP must become more proactive, inclusive, and professionally responsible. To do this, we must accomplish three important goals. First, we must promote quality service by expanding our Certified Consultant pool. Second, AAASP must create “name recognition” that will allow us to promote the field. Finally, we need to enhance our management infrastructure, or how AAASP operates.

Goal I: Promoting Quality Service

Promoting quality service starts with completing certification upgrades. Several years ago, former President Andy Meyers attempted to hire a firm to market AAASP. Although the firm believed AAASP had a quality product to market in its certified consultants, it thought the consultant pool was too small to promote effectively. Thus, our first goal needs to be “growing” our certified consultant pool to a viable size so we can meet demand and market it successfully. As the former chair of the Certification Committee, I believe we need to set a goal of growing our certified consultant pool from 193 today to 500 by 2010.

Two important questions accompany this goal. Can we realistically increase our consultant pool by 300 over the next 7 years? Will expanding our pool of Certified Consultants promote significant growth and development of our field? I believe the answer to both questions is “yes.”

Let’s quickly review recent certification upgrades that should make this goal realistic. First, AAASP reinstated “grandparenting” for consultants receiving their doctorates prior to 1993, resulting in 22 new consultants in 2 years. The certification process has also been streamlined by facilitating long distance supervision, taking of on-line courses, and even offering our own certification courses at the past two conferences, including Robin Vealey’s applied sport psychology course in Philadelphia.

Masters’ certification has become a reality (i.e., same coursework and 400 hours of supervised practicum as doctoral candidates plus an additional 300 hours of practicum during a probationary period). Finally, the Fellows also voted to provide reciprocity between AAASP certification and British Association of Sport and Exercise Sciences’ (BASES) accreditation. Reciprocity extends certification to tutorial programs and builds bridges with another international organization interested in promoting consultant quality control.



President's Column

Damon Burton
AAASP President

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AAASP is also looking at developing a certification exam to expand the options available to become certified. A task force is being developed to further study this proposal and a vote on initiating the exam development process could occur as early as next year. Therefore, the composite impact of this expansion of certification is that 500 consultants by 2010 is a realistic goal that can provide us with a large enough consultant pool to market effectively.

Goal 2: Create "Name Recognition"

AAASP has had a viable marketing strategy for some time. We must first develop a positive perception of sport psychology by emphasizing quality service. Next, we must educate the public about what sport psychology has to offer to enhance performance, develop life skills, and promote personal well-being. Finally, we need to create a demand for sport and exercise psychology services because they work and benefit practitioners. Having a quality product does little good unless we educate the public about what sport psychology has to offer. We need to target sport administrators, coaches, and exercise leaders and offer programs at their conferences. Additionally, I hope AAASP can begin sponsoring a series of "grassroots" regional sport psychology clinics for practitioners to make finding out about the field quick and inexpensive.

AAASP also needs to make finding and using sport psychology consultants as user-friendly as possible. Our recently-launched new generation website highlights certification and finding a consultant on the homepage. The consultant-finder has been updated to make searching for a consultant by sport, region, age or type of specialization quick and easy and is linked to consultants' websites and other resources. In order to "kick start" its marketing efforts, AAASP is in the process of hiring an "association management" firm with the expertise to create "name recognition" for AAASP and the field of sport psychology.

Goal 3: Upgrade Our Management Infrastructure

For the past several years, Jim Whitehead, the Executive Director of the American College of Sport Medicine, has been volunteering his services to help the EBoard with strategic planning. Upgrading our organizational infrastructure has emerged from that process as another top priority. Based on its growth pattern, AAASP is now large enough to hire an "association management" firm to provide greater visibility and more comprehensive management services to the organization. The good news is that AAASP can probably hire a management firm for approximately the same cost as we are currently spending on piece-meal services, yet it should provide us with much more comprehensive management services including a part-time executive director, marketing and public relations services, conference selection and management services, and home office staffing. Moreover, a management firm would enhance AAASP's prestige and visibility, better market sport psychology, and help secure additional

"revenue streams" through sponsorships and other external funding opportunities.

A second major infrastructure upgrade that is now about 70% completed is the development of a new generation website that better highlights who we are and what we do, is more user-friendly and easier to update, and helps market the entire organization by educating the public about sport psychology, teaching them to become informed consumers and helping them easily find a consultant.

AAASP also needs to develop a stronger leadership pool. Increasingly, we have had problems with members being voted onto the Executive Board but not doing a competent job. Fixing these problems has been tedious, time-consuming and costly. Moreover, filling an election slate has become more difficult each year. Thus, we hope to proactively deal with these problems by creating a "Leadership College" to better identify qualified leaders and also to enhance their professional leadership skills.

Finally, four other infrastructure changes should help AAASP better serve you. First, this past year we contracted with Centennial Conferences to help with conference site selection and negotiation and hired Penny McCullagh as Conference Liaison to ensure that AAASP's interests are maintained through this process. The result is a tremendous contract with the Westin Bay Shore in Vancouver, BC, for 2005 that will give our members a great conference experience at a terrific price. Second, we have instituted more stringent financial practices including regular audits to better control our financial practices and maximize cost efficiency. Third, we have worked to update policy and procedure manuals to ensure that Executive Board members can carry out their duties more efficiently. Finally, we have attempted to foster greater EBoard communication and coordination by adding Winter and Summer conference calls to our two regular in-person meetings. We believe these infrastructure changes will dramatically upgrade AAASP's management efficiency.

The Cost of "Coming of Age"

The future is clearly bright for AAASP, but it comes at a price. Additional costs may be necessary to cover enhanced services. We may also need to extend the conference in order to maintain a balanced program and give everyone an opportunity to present. Finally, you'll be asked to make a greater personal commitment to give back to your profession through your time, energy and service. With your help and support, we can successfully expand our consultant pool, create "name recognition" and market our services effectively, and enhance our management infrastructure. Several years ago President Tara Scanlan talked about the "AAASP Spirit" and emphasized that the motivation and enthusiasm of our members is our primary resource. I strongly concur. However, if we are to maintain our leadership in applied sport psychology, AAASP must also be proactive, inclusive and professionally responsible. Join me in making this vision a reality through your service to AAASP.

Professional News

Conferences

Annual National Consortium for Academics and Sports (NCAS) Conference

Location and Dates:

The Rosen Plaza Hotel Orlando, FL

Sunday, February 1, 2003 - Tuesday, February 3, 2003

Featured Guests:

-Dr. Myles Brand, President, NCAA

-Julie Foudy, Captain and 16-year veteran of the U.S. Women's National Soccer Team

-Nancy Hogshhead-Makar, Four-time Olympic Medal Winner and former President Women's Sports Foundation

-Floyd Keith, Executive Director, Black Coaches Association

-Bob Love, Three-time NBA All-Star and Director of Community Relations, Chicago Bulls

-Craig Masback, Chief Executive Officer, USA Track & Field

-Rachel Robinson, Founder, Jackie Robinson Foundation

Books

Schwartz, M.S., & Andrasik, F. (2003).

Biofeedback: A Practitioners Guide, 3rd Ed. \$75.00

According to the brief review, this book includes passages on using biofeedback with athletes.

Hays, K., & Brown, C. (2004).

You're On! Consulting for Peak Performance, Washington, DC, American Psychological Association.

\$49.95 non-APA members, 39.95 APA members.

Also available on www.amazon.com.

CDs

Mark S. Schwartz and Stephen N. Haynes

Passive Muscle Relaxation: A Program for Client Use

\$13.95 CD or cassette

According to the review, ideal for working with biofeedback patients.

All Professional News can be sent to Dr. Roche at

dnoche@udel.edu

Editor's Note

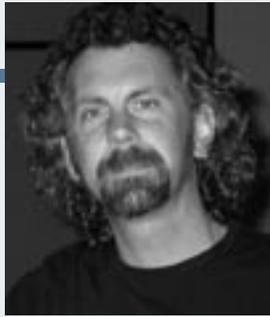
Greetings. By the time this issue of the newsletter reaches your desk, Winter and the holidays should be well upon us. The AAASP conference in Philadelphia has come and gone, and the challenge of maintaining that sport psychology energy and enthusiasm remains. I'm hopeful that this newsletter will help remind you why you're so passionate about the field of sport psychology.

I want to thank all of the members who have conveyed positive feedback to the newsletter staff on our first issue together. We look forward to continued communication from the membership and especially welcome critical feedback. We want to make sure your need for AAASP information is being met. . . . whether it is the more mundane organizational call or announcement, or it is a provocative sport psychology content article. The newsletter is one of the most important benefits of AAASP membership, so the newsletter staff and the EBoard want to know what YOU want to see in it.

I would like to welcome Deb Roche, Ph.D. who has graciously agreed to become the newsletter's third associate editor. She is currently working at the University of Delaware's Center for Counseling and Student Development as a postdoctoral intern. Deb will coordinate our professional news and accomplishments section and will be developing other creative sport psychology content pieces. If you have professional news (e.g., new book or video releases, personal honors, job announcements, etc.), then Deb can be reached via email at dnroche@udel.edu.

Many of you may have been the "victim" of the AAASP digital camera at the conference. If you remember having a picture taken of you, and I have not sent you a JPEG photo, then please contact me and I'll send you an email attachment. It might assist you in rekindling the spirit of the conference! I received this message from Yasuhisa Tachiya at the Japan Institute of Sports Sciences after he opened his JPEG attachment with a picture from his poster presentation, "Thank you for sending the picture!! This picture is so nice! I am so glad! The picture will stay with us as a happy memory." I cannot promise that you will be similarly affected, but it can't hurt.

Questions, comments, feedback? Please do not hesitate to contact me at dughank@auburn.edu. Happy trails.



P/I Division Head
Doug Hanks



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2004 Conference Preview

"A Tale of Two Cities"

Minneapolis Marriott City Center

Minneapolis, Minnesota

September 29 – October 3, 2004

It is hard to believe that just over 15 days ago (more than that when you read this invitation) I returned home from the 2003 AAASP Conference in Philly! And now, I am asking you to mark your calendars for the 2004 AAASP Conference to be held September 29-October 3, 2004 at the Minneapolis Marriott City Center. From what I can gather from the brochures reviewed thus far, the venue will provide us with a great place to hold the 19th annual AAASP conference and provide you with some quality time to spend with colleagues while attending the conference.

We already have secured some outstanding keynote speakers and look forward to working through abstract submissions in February to put together a program that will be of value to the members of AAASP, as well as provide a balanced program across all foci areas. The Ethics Committee has a commitment from the AAASP Executive Board to sponsor two program slots related to Ethical Concerns in Applied Sport and Exercise Psychology.

There are plenty of attractions in the "Twin Cities"—the Minnesota Twins play the Cleveland Indians while we are in town. Also, numerous tours are available to visit downtown, the Chain of Lakes, or the River Parkway via the River City Trolley—where past meets present. The Minneapolis Marriott City Center features 583 guest rooms and 89 suites, and connected to some of the best shopping areas in the "Twin Cities." In addition to the mega shopping facilities—Mall of America, City Center Mall, conference attendees can visit the deluxe fitness center or play golf on one of three public golf courses, all within three minutes of the hotel. There is also a racquet club nearby. So bring your racquets, golf clubs, and submit your best work for consideration to the 19th annual AAASP Conference! Hope to see you in September 2004.

Mark your calendars!

Linda Petlichkoff
AAASP Past-President
2004 Conference Coordinator

Bruce C. Ogilvie REMEMBERED

By Jennifer Lendl, Ph.D.

Sport Psychology lost one of its most noble pioneers and stalwart champions in the passing of Bruce Charles Ogilvie on July 13, 2003 at age 82. Dr. Ogilvie died in his family home in Los Gatos, California surrounded by his family. He had heart surgery the year before and could not recover from the complications. His work in performance spanned half a century. However, with traits of graciousness, gentleness, intellectual curiosity, humility, wit and genuine interest, his story goes far beyond his professional achievements.

Born in Victoria, British Columbia on November 7, 1920, Bruce relocated to the San Francisco Bay Area when he was very young. With a less than supportive home environment, he didn't apply himself in school until the middle of high school when a teacher he had provoked challenged him to use his good brain for something constructive. He not only graduated from high school, but went on to graduate three more times earning his B.S. from the University of San Francisco, an M.S. from Portland University and Ph.D. from the University of London, Institute of Psychiatry.

Perhaps it was because of his childhood experiences he believed so strongly in human potential. It was no accident that his life's work revolved around helping others find their niche and reach their potential. He brought this belief and unwavering dedication to whatever he did. He was an avid cyclist and runner until his illness and continued his gym workouts whenever possible before he died. He never really retired, continuing to work with athletes, mentor and write until the last months.

The Ogilvie's had celebrated their 60th wedding anniversary on July 10. While on leave from the army, he met his future wife, Diane, at a dance at the Hollywood Palladium. He was a medical rehabilitative assistant and she was doing bit parts in movies. "He was the most gentle, loving person I ever met," said Diane, "all the time, every day. He never said anything bad about anyone. He was always supportive. He didn't think about money. You know, I never really knew love until I met him."

Their love grew and flourished throughout the 60 year marriage. Their two children, Doug and Terrie, were born abroad while Bruce was obtaining his doctorate in London. To support their growing family, Diane sang at cabarets throughout Europe; Bruce put his physical prowess to use as a professional wrestler known as "The Hollywood Kid."

Dr. Ogilvie was Professor Emeritus in psychology at San Jose State University where

he taught for 25 years. Titles and recognition were not priorities to him, so it is difficult to list his achievements since he didn't keep track of them. However, the enormity can be suggested. He was a Fellow in many professional organizations including: The American College of Sports Medicine; APA, Division 12 (Clinical) and Division 47 (Exercise & Sport); International Society of Sport Psychology; American Academy of Stress Disorders; International Academy of Medicine & Sport; and AAASP. He had been on faculty at Stanford University and for the American Academy of Orthopedic Surgeons and a member of the American Academy of Law Enforcement Stress Disorders.

He was an AAASP-Certified Consultant and a member of the USOC Sport Psychology Registry. He was a consultant in youth sports. One of his pet projects was working with the Children's Hospital and with the Special Olympics. He consulted with over 300 universities and high schools; also professional football (12), basketball (7), baseball (5), soccer and hockey teams; The National Aerobatics, The National Parachute team, National and International Professional Race Driving teams; and numerous Olympic teams.

Professor Ogilvie directed a multitude of research projects as diverse as "The Effects of Half-Way House Placement," to the "Analyses of Four Selected Bay Area Police Departments," to the study of "Risk Taking Athletes." He authored over 150 publications in the areas of youth sport, motivation, injury, career termination, psychological factors that contribute to performance success, performance enhancement and crisis intervention strategies. He was an advisor to American Health, Fitness of Body and Mind; on the editorial board of Palestra, The Journal of Sports & Physical Education for the Disabled; and associate editor for the Women's Sport Magazine; and on the research committee of the International Council of Sports and Physical Education.

Laying the groundwork for the new field of Sport Psychology by blending the academic part with the clinical, was only a fraction of Ogilvie's contribution at San Jose State University. He left his mark early being recognized by the student body as the Tau Delta Phi "1958 Outstanding Professor" and was honored with the "Distinguished Teacher Award, 1968 California State Universities." Former student and close friend, Ed Burke was "impressed with him as a man and as a professor. His classes were extremely popular. He would give every student a hug when they walked in." Several of his students followed in his footsteps to become sport psychologists including AAASP



members Sandra (Sam) Foster, Ph.D. (residing in Italy) and Glenn Brassington, Ph.D. Brassington, who teaches at Stanford and Sonoma State Universities remembered Bruce being the most open person to his students who had a very humanistic approach and saw the athlete as a human being. . . "He was like a father to me."

During the late 1960s, Dr. Ogilvie was the Director of Student Counseling Services at SJSU. During the Vietnam riots, it was he who was able to get the students to sit down and listen to them to quell the uprising. He also felt strongly about any kind of discrimination and was the first to speak up on women, gay and racial issues. Former student, friend and longtime associate, Rick Milam said "one of his greatest skills was the art of listening. He might not always agree with people, but he was never defensive. He would say, 'Let's talk about it.' He would get the person inside themselves and let them solve the problem."

While Coleman Griffith's seminal work in the 1920s garnered him the unofficial title of "Grandfather of Sport Psychology in North America," Ogilvie is often called the "Father of American Applied Sport Psychology." (Although in later years when Bruce heard the inference he would smile and say, "Grandfather, if anything at this time in my life!"). Bruce started his performance work in 1955 emerging from the ranks of clinical psychologists some of whom were beginning to use clinical techniques to work one-on-one with athletes. He was the first to provide such services to athletes in a

.....I needed a mentor and I turned to Dr. Ogilvie. During that first meeting he spent most of the time explaining why I should not become a sport psychologist.

university setting. The book he co-authored, Problem Athletes and How to Handle Them, was one of the first efforts to develop a practice of sport psychology. It integrated psychological assessment and personality theory. Later this approach would fall out of favor as the personalists attempts seemed to be poor predictors of behavior. However, Ogilvie's methods went beyond testing to include interviews with coaches and players wherein his powerful listening skills made him successful.

"Bruce was the absolute pioneer, the original sport psychologist," proclaimed former Forty-Niner coach Bill Walsh, "He opened a new venue for looking at sport, coaching and athlete's performance. His groundbreaking testing methods were unique to all sports. He was the forerunner in the evaluation of performance and methodology for improving performance. Others have followed in his footsteps. He helped athletes to know more about themselves, face the competition in a realistic way and overcome any shortcomings they may have. I enjoyed his company. He was a great guy. He helped me greatly when I got started."

Don Nelson, coach of the Dallas Mavericks of the NBA, commented that "Bruce was way ahead of his time when I first worked with him back in the 1970s. He had the player profiles down and had a system which helped quite a few teams have successful drafts."

Colleagues were overwhelmed by the loss of Bruce and struggled with their comments. Carole Oglesby, Ph.D., Chair of the Department of Kinesiology, California State University, Northridge, offered, "It goes without saying that Bruce made an enormous contribution to sport psychology as an on-going and viable force here and all over the world. Over the years I observed his tremendous background having trained with the early psychoanalytic masters and directly with H.J. Eysenck, the trait personality guru. Bruce personally brought to sport psychology the psychoanalytic and personality based theories and shaped the field. Then he went on to try to identify and discriminate the differences between the elite athletes and the ordinary participant in the sport. I owe him a lot. All of us owe him a lot. Trying to find the words to repay the debt is impossible."

Former AAASP President and Coordinator of Sport Psychology Services at Penn State, Dave Yukelson, Ph.D., had this to say about Ogilvie, "He was such a well-respected man, who was so humble, giving, gracious and competent. He made things so simple. He could talk about a complex issue and so subtly things would become clear. Anytime I was around him or

talked with him, he always made me feel so comfortable. He got life."

Burke, a three-time Olympic hammer-thrower, spoke of the Ogilvie method of audio-taping athletes while they visualized their game to gain access into their mental state during performance. Besides the visualization, he would use relaxation techniques and scripting, in which a player creates a positive play-by-play of doing well and accomplishing their goals. Burke also remembered Ogilvie's subtlety when chatting about an issue and how things would suddenly become clear.

In making the transition from clinical to sport psychology, I needed a mentor and I turned to Dr. Ogilvie. When I called, he said he would be happy to meet with me if I didn't mind driving up to his house! During that first meeting he spent most of the time explaining why I should not become a sport psychologist. . . .It requires a lot more studying, just because I had been a coach and athlete and psychologist wasn't enough preparation. . . .Most consultants are attached to universities. . . .It isn't as glamorous as everyone thinks. . . .You're stuck in smelly locker rooms, gyms and wet fields. . . .Coaches are wary of you. . . .Athletes don't want to be seen with you. . . .There's very little money to be made. . . .and a whole lot of pro bono work to be done. He was right! He said many people called to ask for his help, but often were not

willing to put in the effort or disappeared after taking his time.

After failing to discourage me, he gave me an armload of books and articles along with an extensive library reading list. He said to come back prepared for discussion. I returned in 6 months, and we spent Friday mornings together for over a year. Working with Bruce was an amazing experience. He was soft-spoken, a true gentleman, but, above all, he was passionate. Bruce loved his work. He wanted to share it with you. He wanted to engage you, to know your thoughts about it. He was curious about me and my work. He extended the same dedication to me as he brought to his work. He even took a 17-hour training workshop in my other specialty area to understand exactly how I worked. He made sure I joined the appropriate sport associations, attended classes, conferences and introduced me to colleagues around the nation. He attended lectures I gave. He and Diane stood in for my family at the award ceremony when Stanford belatedly bestowed varsity letters to Pre-Title IX female athletes.

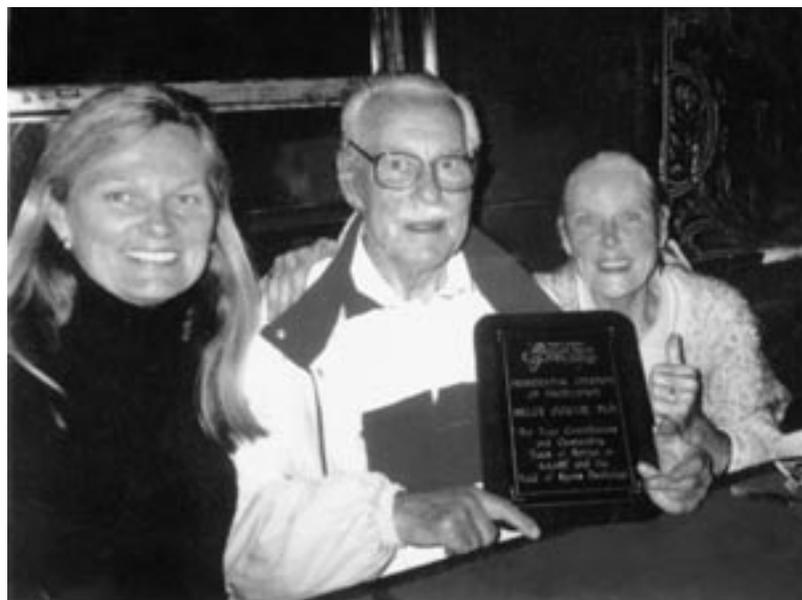
Bruce loved his family. He was excited about their achievements and was fond of talking about his granddaughters (Tandem, Ariel and Morgan Ogilvie and Kim and Jodi Christiansen) and their skiing, soccer, track and surfing exploits. He would positively light up when he spoke of Diane. He would always

refer to her as "my beautiful bride." He loved it when she could accompany him to conferences. He was so proud of her and her achievements. He was appreciative of her business acumen which, after all, allowed him to "indulge his little hobby of sport psychology."

We will miss him. I will miss him. . . my teacher, my mentor, my colleague, my friend.

Author's Note: Diane Ogilvie is writing a memoir. She requests your help in gathering information and stories about Bruce. Please send any information to:

Jennifer Lendl, Ph.D.
1142 McKendrie Street
San Jose, CA 95126-1406.
Phone # 408-244-6186



Call for Abstracts - Instructions

19th Annual Conference, Minneapolis, Minnesota, USA

The 19th Annual Conference of the Association for the Advancement of Applied Sport Psychology will be held September 29 – October 2, 2004, in Minneapolis, Minnesota, USA. The program will consist of pre-conference continuing education workshops, invited keynote addresses, symposia, workshops, colloquia, lectures, and poster sessions. Because of space limitations in the program, individuals should submit only one first author paper. In addition, the number of oral presentation submissions must be limited to three per person (excluding discussant or presider). Poster submissions are unlimited. Abstracts are evaluated by blind review. Please make both long and short abstracts as complete and descriptive as possible. The long form will be used in the review process and accepted short abstracts will be printed and provided to conference attendees. To be considered for full review, all specified information must be included.

Based on the successful use of the online web-based submission process, AAASP now requires that all submissions be completed online. The continued use of the electronic submission method allows you to submit your presentation instantly and directly into the conference program database. Visit the AAASP web site at www.aaasponline.org and go to the Conference page to submit your presentation electronically. Instructions for electronic procedures follow.

SUBMISSION DEADLINE

SUNDAY, FEBRUARY 15, 2004, MIDNIGHT PST

TYPES OF PRESENTATIONS

1. **Symposia** involve presentations by 3 to 5 individuals organize around a particular topic or theme. In addition to the formal presenters, it is desirable to include a discussant. You may elect to present for 75 or 60 minutes. Each symposium must have a **general abstract and a separate abstract for each presenter**. The general abstract should contain a description of the topic and purposes of the symposium, a statement of the significance of the topic and a brief overview of each presentation. The names of presenters should not be included in the text. The separate abstracts should be as comprehensive as those one would submit for a lecture/poster presentation. Thus, a 4-person symposium would include a total of 5 different abstracts. No abstract is required for the discussant. Please order the abstracts as the presentations will be delivered.
2. Workshops provide opportunities for individuals to share professional practice strategies related to health and exercise psychology, performance enhancement, or social psychology with

colleagues. Workshops should include demonstrations and hands-on experiences for the participants. You may elect to present for 75 or 60 minutes. Workshop abstracts must include: statement of the specific learning objectives, the teaching methods, the specific techniques, and a description of materials that will be shared with workshop participants.

3. Colloquia include 1-2 presenters that involve an in-depth treatment of a program of research, a theoretical advance or controversy, a methodological procedure, or an intervention approach with outcome data. Time slots for colloquia are 60 or 75 minutes in length. You may elect to present for 60, 45, or 30 minutes. Abstracts for colloquia should include a thorough description of what will be covered in the presentation.
4. Lecture presentations are single-speaker presentations on research, applied topics and/or intervention techniques. Lecture presentations are limited to 15 minutes in length.
5. Poster sessions permit members to present research findings, materials and/or techniques within an atmosphere that encourages interaction with persons who come to view the posters.

SUBMISSION PROCEDURES

1. From the main page of AAASP Online (www.aaasponline.org) go to the Conference page.
2. From the Conference page go to the Conference Submissions page (scroll down the Conference page to the Conference Submissions page).
3. From the Conference Submissions page go to the Electronic Submission Method page.
4. You will be sent to the Submission Instructions page before you will be permitted to submit your presentation. After you have read the submission instructions, you will notice a message at the bottom of the page that will allow you to proceed to the Submission Form. Once you click on the message that reads "I have read the Database Submission Form Instructions Form and wish to proceed" you will be sent to the Submission Form.
5. Please read the submission instructions carefully before proceeding to the submission form. There are unique instructions for each of the different types of submission formats (colloquium, lecture, poster, symposium, and workshop). **Please refer to the online instructions as you are completing your submission form.** Once you have completed your submission form and decide to submit it (by selecting the **Submit Presentation** button at the bottom of the submission form), you will be given an opportunity to review your submission and make modifications before it is sent to the database.
6. Follow the instructions and complete the required fields. You can either type your information directly into the fields or you can paste your information from your word processor. Several fields also have pull-down menus that allow you to select from pre-defined options. Although you do not have to complete all of the fields on the Form, fields in **BOLD** and preceded by an asterisk are required (i.e., Author1, Email, etc...).
7. Once you decide to submit your presentation (by clicking on the Submit Presentation button at the bottom of the Form), you will be given one more chance to review and edit your Submission Form before it is entered into the conference program database.

After you have submitted your presentation, you will see an acknowledgement message thanking you for submitting a presentation to the conference. You also will automatically receive an email acknowledging your submission. **IF YOU DO NOT RECEIVE AN AUTOMATED EMAIL RESPONSE WITHIN 24 HOURS, PLEASE CONTACT THE AAASP HOME OFFICE IMMEDIATELY** (webmaster@aaasponline.org). Authors will be notified of their submissions' acceptance or rejection by June 1.

Call For Grant Proposals

A. Purpose

The Association for the Advancement of Applied Sport Psychology offers support for research grants up to \$5000. Grants may range from \$250 to \$5000, recognizing that the total funds available in one year is \$5000. The primary function of these research awards is to provide limited support to professionals or students for their research endeavors. Preference will be given to proposals that (1) integrate research and practice, and (2) require funds to conduct a worthy project and no other funding is available.

B. Eligibility

Any person who has been a continuous member of AAASP for at least 3 years will be eligible. If students cannot meet this requirement, they may co-author the proposal with a member who does meet the requirement.

C. Application Procedure

Applications (five copies) must be received no later than February 15, 2004 and must include the cover sheet, the proposal, and the vita of the applicant(s). The proposals must contain the following sections:

1. Abstract (300 words or less)
2. Specific Aims
3. Background and Significance/Importance
4. Research Design and Method
5. References (only those cited)
6. Budget and Budget Rationale

The combined sections 2, 3, and 4 should not exceed six double-spaced pages, and if appropriate, should clearly indicate how the research complies with the purpose(s) identified above for

preferential treatment. The vita should not exceed three single-spaced pages per applicant and should include academic degrees, positions held, awards, publications, presentations, and other information relevant to the current project. For university or equivalent-based projects, applicants must also include evidence that the project has received approval, or is in the process of being reviewed by an Institutional Review Board. If the review is in process, approval must be documented before funds can be released. A participant informed consent form must be included.

D. Budget and Time Frame

Budgets must fall between \$250 and \$5000. Awards will be paid to your department or organization/company, if one exists, and can cover costs such as equipment, hourly assistance, materials, and supplies. Budgets cannot include indirect costs, salaries for the investigator(s), or travel to present the results. Grants are awarded for a one-year time frame beginning June 1. Recipients must submit a budget statement and summary of progress (500 words or less) within 3 months after the end of the funding period (May 31, 2004). Unspent balances will revert to AAASP unless a written request for extension is submitted 6 weeks prior to grant expiration and is approved by the Research Grant Committee. Failure to complete the project may require reimbursement.

E. Obligations

It is expected that an abstract of the completed work will be submitted for consideration at the first eligible AAASP conference that follows the completion of the grant. Any publication(s) resulting from the grant should acknowledge the funding from AAASP.

F. Basis of Awards

Grants are approved or denied on the basis of merit and the record of the applicant(s). The three Focus Area Chairs and Student Representative will review the proposals. Applicants will be notified of funding decisions no later than May 15, 2004.

AAASP Research Grant Application

Application Checklist:

- Applicant has been a member of AAASP for 3 years
- Indicate AAASP section(s) for which the proposal clearly addresses issues and concerns: Health & Exercise Psychology (H), Performance Enhancement/Intervention (PE/I), Social Psychology (S)
- Indicate if the proposal has a research/practice component (yes, no)
- The budget falls between \$250 and \$5,000
- Enclosed five collated copies of the cover sheet, proposal, vita, and human subjects material
- Accept responsibility for submitting to the AAASP President at the end of the funding year a final budget report and summary of progress
- Accept responsibility for submitting an abstract for consideration for inclusion in the AAASP Conference that follows the completion of the grant

Title of Grant _____

Total amount requested _____

Name _____ Position _____

Address _____

Phone _____ Work Phone _____ Fax _____ Email _____

If there are additional applicants, attach a separate sheet with above information.

Grant applications must be received at the following address by **February 15, 2004**: Dr. Heather Barber, Department of Kinesiology, New Hampshire Hall, University of New Hampshire, Durham, NH 03824

Call for 2004 Student Conference Grants

The Executive Board of AAASP is committed to supporting student-oriented professional meetings and may award up to eight grants for a maximum of \$250 per year. The purpose for these grants is to help students defer costs associated with regional conferences (e.g., provide seed money) that promote student presentations and/or student-oriented sessions to discuss professional issues.

Procedures

1. A formal letter of request must be submitted to the current AAASP President and must include:
 - a. Dates of conference;
 - b. Registration fee;
 - c. Purpose of conference; and
 - d. Proposed budget and justification
2. To qualify, the grant proposal must demonstrate that the conference will:
 - a. Have no less than 75% of the presentations be given by students;
 - b. Be organized and run by students;
 - c. Establish a registration fee of \$50 or less for students;
 - d. Be not for profit.
3. Application deadlines:
 - a. September 30 for Fall conferences held during the same year. Notification will be approximately October 15.
 - b. January 31 for Spring conferences held during the same year. Notification will be approximately February 15.

Criteria for Awarding Grants

The procedures outline the criteria on which grants will be evaluated. Hence, grant applications must demonstrate they are student-oriented, the budget is specific and appropriate, and other funding sources have been investigated. Student-oriented will be defined as:

1. Giving students an opportunity to present their research (e.g., 75% of presentations made by students);
2. Having a low student registration fee (\$50 or less);
3. Providing student-oriented sessions (if other speakers are included);
4. Planning student-oriented sessions (e.g., student meeting);
5. Seed money is not to be used for alcoholic beverages; and
6. Schools may not receive a grant more than 2 years in a row.

Preference will be given to regional conferences held independently from larger functions over student meetings held in conjunction with a larger conference. Conference organizers who receive funding from AAASP agree to acknowledge AAASP's sponsorship and advertise upcoming AAASP national conferences and information. A subcommittee comprised of the four Division Heads and Student Representative will review the applications.

Address all Questions,
Nominations and Applications
to:

Damon Burton, Ph.D.
AAASP President
Division of HPERD
University of Idaho
Moscow, ID 83844-2401
Email: dburton@uidaho.edu

Call for 2004 AAASP Fellow Nominations

Members desiring to become an AAASP Fellow shall meet the following criteria:

1. Demonstrated high standards of professional development by committing directly to the goals and long-range activities of the Association as evidenced by activities such as presentations at Association conferences, membership on Association committees, and contributions to Association publications;
2. An earned doctorate from an accredited institution in a field related to sport psychology;
3. Been a member of the Association for at least 3 consecutive years;
4. Made significant contributions to the scientific body of knowledge in sport psychology as evidenced by a distinguished record of publications; and
5. Received approval from the Fellow Review Committee.

We encourage members to nominate others for Fellow status or to nominate themselves if they believe they are qualified for this distinction. Send all nominations to the President-Elect, Marty Ewing, who chairs the Fellow Review Committee comprised of the four Division Heads. Dr. Ewing can forward nominees a copy of the application materials.

Regardless of how an individual is nominated, the following application materials and references must be in the hands of Dr. Ewing by Feb. 15, 2004 for consideration in this year's review process:

- a. Five copies (one original and four copies) of a one-page completed application form (available from Dr. Ewing) and
- b. Five copies (one original and four copies) of the candidate's curriculum vitae.

In addition, the candidate should send Fellow Candidate Reference Forms to two members of the Association, at least one of who must be a Fellow, in time for those individuals to return a recommendation by **February 15, 2004**.

Send Award Applications and Questions to:

Marty Ewing, Ph.D.

AAASP President-Elect

201 IM Sports Circle

Michigan State University

East Lansing, MI 48824

Email: mewing@pilot.msu.edu

Call for 2004 AAASP Distinguished Professional Practice Award Nominations

AAASP is pleased to accept nominations for the Distinguished Professional Practice Award for 2004. This award recognizes outstanding service delivery in sport psychology and may not always be awarded annually. The recipient of the award should be an AAASP member who demonstrates exceptional quality and innovation in delivering sport psychology services to the public.

Award Criteria

The recipient of the award must meet three criteria:

- a. A sustained involvement in a sport psychology service delivery program to the public;
- b. Quality and innovation that distinguishes this program as an exceptional model of professional practice in sport psychology; and
- c. Significant program impact on the public and the enhancement of public interest in a appreciation for professional sport psychology services.

Eligibility for Award

Candidate must have been a member of AAASP for 3 consecutive years at the time of nomination.

Submission Guidelines

An AAASP member must nominate the candidate for this award and serve as the candidate's sponsor. The sponsor must:

- a. Ensure that the candidate is eligible for the award (check membership status with AAASP Secretary-Treasurer).
- b. Submit a letter of nomination for the candidate that describes in specific detail the achievements of the candidate in relation to the three award criteria (3 pages maximum).
- c. Solicit letters of support for the candidate from two (2) individuals that specifically describe the quality and impact of the candidate's work. These individuals should be participants in the group/agency in which the candidate's work has been focused (they should not be professional sport psychology colleagues).
- d. Submit a copy of the candidate's curriculum vitae.

Award Recognition

- a. A \$300 cash award earmarked for professional practice work is given to the award recipient.
- b. Conference registration is waived for the year in which the candidate receives the award.
- c. A plaque is given to the award winner at the conference at a session where s/he overviews his/her professional practice work in a 20-30 minute presentation.

The deadline for receipt of all nomination materials is **February 15, 2004**.

New JASP Editor Announcement

Congratulations to Vicki Ebbeck who has agreed to become the next JASP Editor!
Beginning January 1, 2004 all manuscripts submitted to the Journal of Applied Sport Psychology should be sent to:

Vicki Ebbeck, Ph.D.

JASP Editor

Department of Exercise and Sport Science

Langton Hall 222

Oregon State University

Corvallis, OR 97331

Phone: 541-737-6800

Fax: 541-737-2788

Email: Vicki.Ebbeck@oregonstate.edu

Call for 2004 Master's Thesis Award Applications

AAASP invites student members to submit applications for the outstanding Master's thesis award. This award was first offered in 1999. Applications for the AAASP Master's Thesis Award (assuming submissions meet the standards set for the award) must meet the following guidelines:

1. Complete a thesis between January 1, 2003 and December 31, 2003 on a topic related to sport, exercise, and/or health psychology.
2. Membership in AAASP during 2003.
3. Submit one copy of the entire thesis with a cover letter that includes contact information (current, permanent and Email addresses) for the applicant.
4. Provide one original (with author name and affiliation) and four copies of the abstract for blind review (no reference to author or affiliation). The abstract (title and content) is limited to three single-spaced pages and should include the study purpose, method, results, and discussion.
5. Include a letter of support (two pages maximum) from the chairperson of the thesis committee and a copy of the signed cover sheet (used by universities and signed by thesis committee members indicating acceptance and completion of the thesis work) with the application.

No member(s) of the AAASP Thesis Award Committee will evaluate theses with which they have had involvement. The evaluative criteria equates to that used to review manuscripts for publication in the *Journal of Applied Sport Psychology*.

Send Award Materials,
Nominations,
Applications and
Questions to:

Marty Ewing, Ph.D.
AAASP President-Elect
201 IM Sports Circle
Michigan State University
East Lansing, MI 48824

Email:
mewing@pilot.msu.edu

Deadline for the receipt
of all materials and
recommendations is
February 15, 2004.

Call for 2004 Dorothy V. Harris Award Nominations

AAASP is pleased to accept nominations for the Dorothy V. Harris Memorial Award. The Award acknowledges the distinguished contributions of Dot Harris to sport psychology by recognizing the efforts of an AAASP scholar/practitioner in the early stage of his/her scientific and/or professional career. The award may not always be given annually. When given, the Award consists of a plaque, a \$200 research grant, and a waiver of the registration fee for the conference in which the award is announced. Also, the recipient gives a 20-30 minute presentation summarizing his/her research/applied activity during that conference.

The recipient of the Award must meet the following criteria:

1. Received a doctoral degree no more than 7 years prior to nomination;
2. Made significant contributions to AAASP through presentations, publications, and/or involvement on committees; and
3. Demonstrated a record of scholarship that clearly established the individual as a leading scholar/practitioner when compared to a group of people at similar stages in their academic careers.

Evidence for this national/international distinction might include the innovation of the person's work, the impact the work has on the field of sport psychology, or the importance the work has in an applied setting. In all cases, the collected works of the individual should exhibit quality contributions that are both theoretical and practical, and that have been subjected to the critical review of established scholars/practitioners in the individual's area of expertise. AAASP members who believe they are qualified can nominate themselves and are encouraged to do so. In addition, AAASP members are encouraged to nominate qualified individuals for this Award.

Three copies (an original and two copies) of the following information should accompany the letter of nomination:

1. An current curriculum vitae;
2. A one-two page summary of the nominee's work emphasizing the basic/applied importance of that work;
3. Reprints of five publications;
4. A letter of recommendation concerning the nominee's qualifications for the award; and
5. The names, addresses, and telephone numbers of two additional individuals who would write letters of recommendation for the nominee if called upon to do so.

Call for 2004 Dissertation Award Applications

AAASP invites student members to submit applications for the outstanding doctoral dissertation award. Applicants for the AAASP Dissertation Award (assuming submissions meet the standards set for the award) must meet the following guidelines:

1. Complete a dissertation between January 1, 2003 and December 31, 2003 on a topic related to sport, exercise, and/or health psychology.
2. Membership in AAASP for the application year and year preceding application.
3. Submit one copy of the entire dissertation with a cover letter that includes contact information (current, permanent and Email addresses) for the applicant.
4. Provide one original and four blind (no reference to author or affiliation) copies of a long abstract (up to three single-spaced pages). The abstract should include title, study purpose, method, results, and discussion.
5. Include a letter of support (two pages maximum) from the chairperson of the dissertation committee and a copy of the signed cover sheet (used by universities and signed by dissertation committee members indicating acceptance and completion of the dissertation work) with the application.

No member(s) of the AAASP Dissertation Award Committee will evaluate dissertations with which they have had involvement. Initial screening consists of a blind review of the abstracts; final screening adds the letter of support, and an evaluation of the entire dissertation. The evaluation criteria equates to that used to review manuscripts for publication in the Journal of Applied Sport Psychology.

Address questions and/or applications to President-Elect, Marty Ewing, who chairs the review committee.

Call for 2004 Student Practitioner Award

Application Criteria:

- 1) Must be a student at the time of deadline for submissions but does not have to be a student at the time the award is presented.
- 2) Must be an AAASP member at the time of submission and the time the award is presented.
- 3) Must have at least 100 direct contact hours with clients with written verification from supervisor (give general overview of the types of clients). Direct contact is defined by the hours in which you were face-to-face with an individual athlete, coach, team, exerciser or client.
- 4) Must complete and submit the student application package:
 - a) 2 letters of support:
 - 1) One from an AAASP professional member involved or knowledgeable about your sport/exercise/health consulting experiences
 - 2) One from the student's supervisor involved or knowledgeable about your sport/exercise/health consulting experiences
 - b) Must demonstrate that sport/exercise/health psychology techniques were applied
 - 1) Submit a 3-4 page description of a specific practitioner experience.

Outline your consulting philosophy, nature of the problem, interventions, and outcomes.

Application Process:

Application package submitted by student must include:

- a) 3-4 page description of a specific practitioner experience. Outline your consulting philosophy, nature of the problem, interventions, and outcomes (make sure there are no references to your identity, as it is a blind review process).
- b) Two letters of support, one that is from an AAASP professional member, and one from the student's supervisor.

Evaluation of Submissions:

- 1) Blind review process
- 2) Quality of written submission (e.g., appropriateness of techniques; cohesiveness between consulting philosophy, interventions, and outcomes)
- 3) Two letters of support
- 4) In any given year at the discretion of the committee, the award may not always be given.

Award:

Plaque & Conference fee waiver

Address questions and/or applications to President-Elect, Marty Ewing, who chairs the review committee (including at least one student member).

Call for AAASP Continuing Education Proposals

Proposals for the Pre-Conference Continuing Education Workshops are being accepted by the AAASP Continuing Education Committee. Continuing Education Workshops will be held in conjunction with the 19th Annual AAASP Conference in Minneapolis, MN, September 29 – October 2, 2004. The workshops are designed to provide in-depth educational experiences on a variety of topics and issues related to applied sport psychology.

General Information

WORKSHOP FORMAT

AAASP has been successful in experimenting with different scheduling options during the previous few conferences and will continue to offer flexible schedule offerings. Continuing Education Workshops can take the form of a 6-hour or 3-hour program in one of the four thematic areas: General, Psychology and/or Counseling, Mental Skills Training, and Sport Science. Whenever possible, workshops should be experiential and interactive, extending beyond a strictly lecture format. The six-hour workshops may be spread over the evening of one day and the morning of the next day (Tuesday, September 28 and Wednesday, September 29) or be conducted during one full day (Wednesday, September 29) with a lunch break in the middle. Three-hour workshops may be scheduled during one evening session (Tuesday, September 28 or Thursday, September 30) or during the morning or afternoon on Wednesday (September 29). AAASP reserves the right to make all final scheduling decisions based on the full package of submissions, but please include your scheduling preferences to aid us in our decisions.

RESPONSIBILITIES

The presentation of each Continuing Education Workshop requires specific collaboration between AAASP, Centennial Conferences and the presenter(s). The responsibilities assumed by both parties are outlined below.

AAASP/Centennial Responsibilities:

1. Provide professional, developmental, and technical assistance.
2. Prepare and disseminate publicity materials.
3. Make arrangements with the facility for room set-up and audio-visual equipment.
4. Establish registration fees and determine deadlines.
5. Collect registration fees and process registration materials.
6. Manage on-site activities, including registration, attendance, educational resource sales, and workshop evaluation.
7. Record and maintain database of Continuing Education Contact hours.
8. Collect, dispense, and account for all funds.
9. Make the final determination (based on the number of pre-registered participants) whether the workshop will be held.
10. Notify the presenter, participants, and the workshop facility in the event of cancellation.
11. Collect, summarize, and distribute the program evaluations.

Presenter Responsibilities:

1. Design specific content for the workshop.
2. Develop appropriate workshop materials.
3. Design handout materials for participants.
4. Conduct workshop activities.
5. Submit voucher outlining lodging and per diem expenses (Tuesday presenters only).
6. Notify the AAASP Continuing Education Chair of any changes in address or telephone number of presenter(s).
7. The organizing presenter must be a member of AAASP.

HONORARIUM

6-hour workshop: \$300 (per workshop, not per presenter)

3-hour workshop: \$150 (per workshop, not per presenter)

REIMBURSABLE LODGING AND OTHER EXPENSES

1. One night's pre-conference lodging at the prevailing conference hotel rate for single occupancy if workshop is conducted on Tuesday or Wednesday. One room at double occupancy rate is reimbursable for workshops with two presenters. Presenters must incur the cost of one room when two rooms are necessary.
2. One full day's per diem of \$35 per presenter (up to two) if workshop is conducted on Tuesday or Wednesday.
3. These expenses (lodging and per diem) are provided for a maximum of two presenters per workshop. If more than two presenters are involved, it is the responsibility of the presenters to divide up the lodging and per diem as they see fit.
4. Reproduction of handouts or other workshop materials within a specified budget approved by the EBoard prior to the conference.
5. Original receipts for incurred expenses must be submitted with the reimbursement request to the Continuing Education Chair, Maria Newton, who will submit these requests to the Secretary-Treasurer.

FINAL SCHEDULING OF WORKSHOPS

AAASP decides whether to present or cancel an advertised Continuing Education Workshop based on the number of persons who pre-register. Registration

numbers must meet sufficient criteria for operational costs. This decision is made at least 14 business days in advance of the scheduled date. In the event of cancellation of the workshop, AAASP notifies the presenter, workshop facility, and the pre-registered participants of that action.

EVALUATION

The evaluation of the workshop content, organization and format, and knowledge and skills of the presenters are important to the development of a quality Continuing Education Program. To this end, AAASP solicits evaluations from participants at the end of each workshop. The information derived from the evaluations is shared with the presenters and is used to assist in improving the quality of future workshop programs and activities.

MERCHANDISING OF MATERIALS

AAASP Continuing Education Workshops are designed to educate participants on a variety of topics related to applied sport psychology. In keeping with this focus, we encourage you to provide a bibliography of relevant resources for participants. However, it is inappropriate to engage in merchandising of specific texts and materials, and we ask that you refrain from doing so. If you would like to be a Conference Exhibitor for books or other materials, please contact Dr. Linda Petlichkoff, Past-President and Conference Coordinator at lpetlic@boisestate.edu . She will facilitate the process of becoming an exhibitor.

CANCELLATION BY CE PRESENTERS

Continuing Education Workshops provide an important service to the AAASP membership. Because of scheduling and budget demands and the number of participants involved, it is imperative that all presenters adhere to their professional and ethical commitments to the organization. To this end, any CE presenter who withdraws from the program (aside from documented medical emergencies) will be banned from all AAASP programming for a period of 5 years.

DIVERSITY

AAASP is committed to the promotion and understanding of diversity within our field. Continuing Education Workshops should reflect this spirit. Please contact Ruth Hall, Chair of the AAASP Diversity Committee by email at ruthhall2@comcast.net or phone (609-771-2643) if you have questions about how to integrate diversity issues into your workshop.

AAASP Continuing Education Workshop Submission Cover Sheet

Instructions

Please **TYPE** the information requested below or reproduce on your computer and submit. After your cover sheet, please attach your completed workshop proposal following the guidelines presented in the Call for Proposals.

Workshop Title:

Presenters: Please attach an extra sheet if more than 2 presenters are involved.

1. Name: _____ Highest Degree: _____

Address: _____

Phone: _____ (Office) _____ (Home) _____

FAX: _____ Email: _____

2. Name: _____ Highest Degree: _____

Address: _____

Phone: _____ (Office) _____ (Home) _____

FAX: _____ Email: _____

Preferred Workshop Format:

Please rank order your preferred workshop format.

_____ Six Hour Workshops _____ Three Hour Workshops
 _____ Tuesday Night & Wednesday Morning _____ Tuesday Night _____ Wednesday Morning & Afternoon
 _____ Wednesday Morning: _____ Wednesday Afternoon _____ Thursday Night

AV Requirements: Please check all the audio-visual equipment needed for your workshop.

Chalkboard/Flip Chart Overhead Projector Slide Projector VCR/TV LCD
 (circle preference) (including screen) (including screen) (including screen)

Special Requests: Please indicate any special concerns or requests (e.g., limit on number of participants, unique equipment or facility requests such as table arrangements, etc.)

Budget: Please itemize your budget including only handouts or other materials needed.

NOTE: Program acceptance decisions are not made on the basis of preferred workshop format, AV requirements, or special requests, but compromises in your requests may be necessary if your workshop is accepted. AAASP Continuing Education.

PROPOSAL SUBMISSION INFORMATION

Please follow the instructions for preparing workshop proposals carefully. All proposals must be typed in the following format:

I. Workshop Cover Sheet

A. Includes title, presenter information, preferred workshop format, AV requirements, special requests, and approximate budget

II. Presenter Information

A. Biographical Statement(s): Include a brief summary of professional experience (for each presenter, no more than one page each), especially that which is pertinent to the proposed program (e.g., previous continuing education workshops conducted)

III. Workshop Information

A. Abstract: Please give an overview of the proposed workshop (e.g., target audience, objectives, content, methods, etc.) in 100 words or less.

B. List of Learning Objectives: Please enumerate the MAIN learning objectives of the workshop, with specific attention to how they relate to applied sport psychology.

C. Program Agenda: Please provide an agenda describing workshop methods and learning activities for the duration of the program, including approximate time frames.

D. Integration: Please describe in a few paragraphs how the workshop content and methods will enable participants to achieve the learning objectives.

E. Justification: Please describe in a few paragraphs how the program will benefit the attendees and why the program is relevant at this time.

Carefully review your workshop proposal for completeness. Proposals that are more detailed and follow the above guidelines are more likely to be reviewed favorably. Workshop proposals will be evaluated by the AAASP Continuing Education Committee according to the following criteria: Timeliness and relevance of topic, completeness and quality of proposed program, need for and interest in the topic, and qualifications/expertise of the presenters. Final decisions regarding CE workshops are made after the Spring Executive Board meeting, usually in late April or early May. If you have questions about the CE proposal process, please contact Maria Newton at the address below.

Please submit 8 copies of the workshop proposal by February 15, 2004 to:

Maria Newton, Ph.D.

Chair, AAASP Continuing Education Committee

Department of Exercise and Sport Science

HPER North, 250 S. 1850 East

Salt Lake City, UT 84112

telephone: (801) 581-4729 Email: maria.newton@heath.utah.edu

FAXED PROPOSALS WILL NOT BE CONSIDERED

Voices from the Field is a column designed to highlight the contributions and perspectives of AAASP members. Since the Fall 2000 Newsletter, each issue has highlighted past-presidents of AAASP in effort to extend our “institutional memory.” This issue marks the next in the series of former AAASP presidents sharing their experiences as leaders of our organization. Each person was asked to respond to the following questions;

- (1) When did you serve as AAASP president?;
- (2) What were your visions/goals as AAASP president?;
- (3) What primary issues did AAASP face during your year of presidency?;
- (4) What do you consider AAASP’s greatest challenges during your year of office?;
- (5) What do you consider to be AAASP’s greatest achievements/advances/accomplishments while you were in office?;
- (6) What do you see as the legacy of your AAASP presidency?

Voices from the Field: The AAASP Past-Presidents Highlighting Robin Vealey, Miami University

It was one of the greatest honors of my career to serve as AAASP President during 1999-2000. Previous to that, I was fortunate to serve on the Executive Board as Secretary-Treasurer from 1988-1990, which was the time when the AAASP Certified Consultant document was finalized and approved by the Fellows. I was thrilled to have the opportunity to be in the middle of things at such an historical time for the field of sport psychology. Almost ten years later, given the opportunity to serve as President, I was again keenly aware of how exciting it was to serve in a leadership role at a time in our field’s early evolution. I wanted to see the 1990s end in the same way as the 1980s did for our field, with the culmination of an important “next step” for AAASP and field of sport psychology. I wanted to be a catalyst for effectance, to ensure that AAASP remained true to its roots as a dynamic, action-oriented organization dedicated to make a difference, have an effect, and show how sport and exercise psychology can be a relevant force in society.

It was a lot harder than I expected. When I presented my Presidential Address, I was passionate about and committed to “getting sport and exercise psychology out there.” The title of my address was “Let’s Take Sport Psychology for a Spin,” and I likened the current state of AAASP as a comfortable 4-door family sedan that got good mileage and was safe and reliable. I felt that although our current AAASP “vehicle” was safe and reliable, it was time for a trade-in. I felt we needed something with a little more under the hood with a few more bells and whistles (e.g., sunroof, GPS) that would take us beyond the comfortable neighborhood boundaries that we were used to driving in.

Based on my Presidential Address, I attempted to task committees and initiatives to get sport psychology “out there.” Example proposals included regional CE courses, national marketing efforts, and media attention to professional position statements based on the current status of research in social psychology, health/exercise psychology, and professional practice. Besides my own zeal, the other thing driving these issues were the assertive voices of our students and professionals who were expressing disappointment in AAASP’s inatten-

tion to what they perceived as important initiatives (e.g., accreditation of sport/exercise psychology graduate programs, marketing to enhance professional career opportunities). I applaud the engagement, however loud and fierce, of those students and professionals who raised these issues. If we don’t have business meetings or public forums that include conflict, heated discussion, and disagreement, then we might as well drop the second “A” in the name of our association.

To cut to the chase, here’s what happened and why I think it happened. The work of “getting it out” didn’t get done. As a Board, we identified the reason as an inefficient organizational structure. We felt we couldn’t pursue external validity for AAASP until we had internal validity in what we were trying to accomplish. Thus, the main thing that we accomplished during my presidency was the re-organization of the Executive Board into divisions charged with specific tasks (Science and Education, Publications, Professional Standards, Professional Development). We did this to change the organizational structure of AAASP from that of an academic research society to that of a professional organization. Our main foci continue to be Social Psychology, Health/Exercise Psychology, and Performance Enhancement, but these things represent what we do, not how we do it.

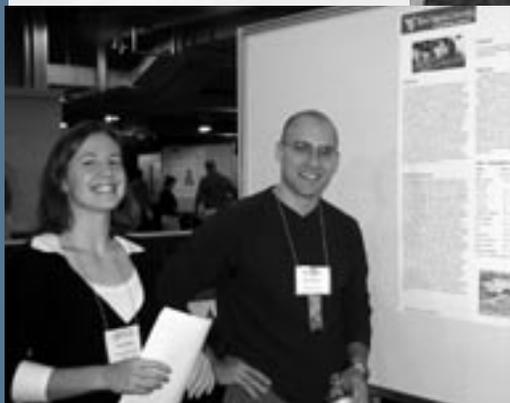
We created the Special Interest Groups as an internal structure to facilitate research and professional practice groups around specific knowledge areas (Carole Oglesby had this great idea!). The SIGS can now develop the key position statements to be released to media outlets to not only gain recognition for AAASP, but to clarify public misconceptions about sport, health and exercise. We devoted tremendous time and energy to getting the AAASP website up and running, as we knew our electronic “billboard” was an important step in getting it “out there.” We charged an ad hoc Graduate Training Committee to pursue ideas related to the enhancement of the education of students in our graduate programs, in response to requests to pursue this from the membership. The ultimate step suggested by this committee of moving toward the accreditation of university programs in sport/exercise psychology was not accepted by the EBoard or Fellows. I, for one, would like to see some gradual steps taken to enhance graduate training, such as example curricula and course offerings on our website. In all honesty, I’m not sure if the actual accreditation of programs is the best thing right now, but I do think we need to move in ways to define our field and carve out our niche. That’s why I like the accreditation “movement” because it’s movement toward important new initiatives to get sport psychology out there! I do applaud the latest initiatives of our board in developing a glitzy and user-friendly new website, streamlining certification, and setting up reciprocal certification status with the British Association of Sport and Exercise Science. That’s getting it out there!

The 1990s, in my mind, is a decade that is not characterized by a major accomplishment or list of accomplishments in sport psychology like the 70s and 80s are. Maybe we’ll look back and the 1990s will be remembered as a quiet time of steady growth in research sophistication, the shakedown cruise of certification (which has since been amended and will continue to be), and the maturation of AAASP from a small exclusive group to a much larger and diverse organization of professionals. We’re not “mom and pop” anymore, but we’re not APA. Our “tweener” size status and multiple initiatives/constituents make the jobs of the EBoard members very tough. But it’s a labor of love, and I loved my time doing the work and trying to get it right. I hope we keep trying and never acquiesce to comfort our fears of change that might require more of us. Forget the family sedan - I say let’s be a Hummer!



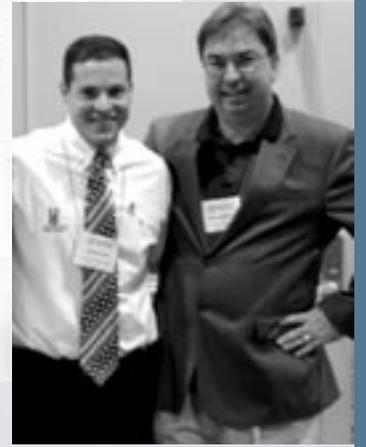
Robin Vealey

Faces of Philly AAASP



Demonstration:
FMSSA Assessment Interview





2003 AAASP Conference Report Philadelphia, PA ~ Let Freedom Ring!

Marty Ewing, AAASP President-Elect

The 18th Annual AAASP Conference began on Wednesday with the movement of the Liberty Bell to its new location. The event was meaningful because it was a vivid reminder of the freedoms we value and the brave folks who shaped the foundation of our nation. The historical landmarks located in Philadelphia stood as a stark contrast to the youth of our own Association. The City of Brotherly Love truly lived up to its name as the hotel staff was by far the most friendly and accommodating folks we have met at a conference hotel.

As is a tradition of AAASP, the pre-conference program began with the golf and tennis tournaments that pointed out the importance of psychological skills to many of the participants! For those seeking knowledge about psychological skills, there were six Continuing Education workshops with topics on teaching mental skills, anger management, athletic training outreach, the mind of endurance athletes, and developing a sports consulting marketing plan. Robin Vealey presented a two-day course on sport psychology for those needing the course to fulfill certification requirements.

Dan Gould, a past-president of AAASP, was the keynote speaker for the opening Coleman Griffith Lecture. Dan's presentation was a tribute to Coleman Griffith who has often been referred to as the Father of Sport Psychology. Coleman Griffith's vision of research and application came alive through pictures and stories of Griffith's research and encounters with legendary Red Grange and his work with the Chicago Cubs. Gould illustrated through his own research the vision of Coleman Griffith and challenged all of us to disseminate our knowledge to coaches as well as our peers. This inspirational presentation was followed by the opening reception where colleagues renewed acquaintances, met new members, and made new friends.

The program featured three keynote addresses presented by Martin E. P. Seligman, Hugh Smith, and Bob Rotella. Seligman's address on positive psychology (or learned optimism) fit well with the beliefs that we teach to athletes. Seligman suggested that individuals, including athletes, should identify their strengths. He further identified three "happy" lives, namely, the pleasant life, the good life, and the meaningful life. Hugh Smith, was the most provocative speaker as he talked about the challenges that we face today in rising health care costs and the need to integrate sport and exercise psychology into our lives and the lives of our youth. Smith provided insight into the challenges surgeons face and which

sounded very much like the challenges we face in sports, i.e., need for teamwork, leadership, commitment, and establishing strategic goals. Smith provided some very provocative information on the Mayo Clinic's Bioinformatics Project that has helped them identify cancer and early screening for genetic heart arrhythmias and SIDS through genetics and DNA testing. Bob Rotella provided insight into the lessons he had learned through his sport psychology consulting practice. Of particular note, Rotella spoke of the need to start one's practice with athletes who are less skilled and progress to more elite athletes, to know one's strengths, and to take care of one's own health and happiness and that of the family.

We could not have packed anymore into the three-day program than we found in Philadelphia! There were 40 symposia, 32 workshops/lectures, and 175 poster presentations. There were three symposia that focused on teaching sport psychology, which represented a new topic on the program. Other symposia addressed such topics as coaches' education, youth sports, emotional intelligence, mental training, sexual conduct, social identity, sport commitment, and positive psychology to name a few! There was something for everyone at the conference, but hard choices had to be made for virtually every session. This is a tribute to the membership of AAASP who were willing to share their research, ideas for doing applied work along with new tools and ideas, and nuts and bolts for successfully starting either a private practice or academic career.

Three awards were given at the Philadelphia conference. Jeff Vallance, University of Alberta, received the Master's Thesis Award for his research entitled, "Perfectionism and Anger in Ice Hockey." The Dissertation Award was given to Nick Holt, University of Alberta. The title of his presentation was "Toward a Grounded Theory of Psychosocial Competencies Involved in Becoming a Professional Soccer Player." Both winners shared their research findings at a special session. The third award winner was Heather Hausenblas, University of Florida, who was presented with the Dorothy V. Harris Award. Dr. Hausenblas will present her lecture at the 2004 Conference. Congratulations to Jeff, Nick, and Heather!

The fifth annual Graduate Program Fair continues to be a huge success. Attending the Program Fair is a lot like attending your favorite smorgasbord restaurant: So many choices, so little time!! The Program Fair provides students looking for either a master's or doctoral program to obtain information about programs and to meet faculty and students and to discuss the strengths of each program. Contrary to previous years, the meeting area was spacious and provided for free-flowing movement from one table to the next.

There were several business items that occurred during the conference. Please see the minutes from the Fellows Meeting, the Certification Committee meeting, and the business meeting. The issue of reciprocal certification with the British Association of Sport and Exercise Sciences (BASES) and the development of a certification exam option were discussed and will be revisited throughout the coming year.

The quality of the program was among the best ever. A hearty thank you goes to Dave Yukelson and his committee for overseeing the program. In addition, Centennial Conference Services are to be commended for the work they did in making sure that all went smoothly at the conference. Both of these groups have allowed us to attend a conference that runs seamlessly for 4 days. Also, the program would not have been as rich without the efforts of those of you who choose to submit your research, tools for working with athletes, and stimulating conversation at the conference. Without you this conference would not be the success that all of us expect.

It is now time to start making plans to attend the AAASP Conference next year in Minneapolis. The conference dates are September 29 to October 2, 2004. Conference information will be coming to you in a variety of ways. So, check upcoming issues of the Newsletter, our website, and special email messages. You might want to think about coming a couple of days early and take in the golf and tennis tournaments as well as the pre-conference continuing education workshops, and the certification courses. You might want to enjoy a baseball game or check out the beginning of the Mississippi River! One thing is for sure, it will be a fun time!



Minutes of the AAASP Conference Business Meeting

October 10, 2003

Philadelphia, PA

Call to Order. President Linda Petlichkoff called the meeting to order at 6:45 PM.

Approval of the Minutes. Petlichkoff asked for a motion to approve the 2002 Conference Business meeting minutes. Charlie Hardy moved and Michael Sachs seconded that the minutes be approved as published in the newsletter. The motion passed unanimously.

Presidential Report.

Petlichkoff reported that Bruce Ogelvie has passed on for those members who were unaware of the news. She also indicated that a financial review had been conducted and the Board is in the process of moving to a prospective budget.

Secretary-Treasurer Report. Cogan presented the Association membership report. As of October 10, 2003, the total AAASP membership was 1244. At the conference last year, in November 2002, the membership was 1264, indicating that membership is holding steady.

Cogan presented the Financial Report. As of August 29, 2003, the checking account balance is \$52,805.52. This balance does not include some of the conference registration and most of the conference expenses, so the balance will be adjusted as those expenses and payments come in. The unrestricted capital reserve account balance is \$102,560.70, and the restricted capital reserves account balance is \$287,192.45. AAASP currently is in good financial health, and there will be funds available for selected projects. Yukelson cautioned the membership that conference costs have risen, and in order to provide options, such as power point projectors, the membership must be prepared for higher registration fees.

NEW BUSINESS

Petlichkoff recognized Jim Whitehead for his pro bono work in assisting AAASP define future directions.

Burton asked the membership to complete the Membership Attitudes Survey, so the Board can make educated decisions about future conferences and policies.

Due to logistical difficulties, the Fellows, certified consultants and recertified consultants were not announced at the business meeting. The names will be reported here as they were recognized at the Banquet.

New fellows: Pending and will be reported in Spring Board meeting minutes.

NEW CERTIFIED CONSULTANTS

Standard Applicants: Michelle Boze, Gerard Tate, Peder Piering, Jeff Brown, Kirsten Peterson, Airi Naoi, Jay Lee, Kristen Dieffenback, Barbara Walker
Grandparent Applicants: John Givi, Bruce Klonsky, Marshall Mintz, Patricia Sullivan, Barbara Meyer, James Hilyer
Recertification: Dana Sinclair, Deb Cupal, Linda Petlichkoff

Burton presented his presidential address focusing on the future of AAASP and directions his presidency with follow.

The election results were announced for the new Executive Board officers and are as follows:

President-Elect: Marty Ewing

Secretary-Treasurer: Mary Fry

Professional Development Division Head: Jack Lesyk

Student Representative: Angie Hartman

Motion. Burton moved that the meeting be adjourned. Everyone seconded the motion. The motion passed unanimously. Meeting adjourned at 7:40 PM.

Minutes of the AAASP Fall Executive Board Meeting

October 5-7, 2003
Philadelphia, PA



From the left, Josh Avondoglio, Linda Petlichkoff, Doug Hanks, Karen Cogan, Damon Burton, Dave Yukelson, Heather Barber, Sue Ziegler, and Frank Perna.

Sunday, October 5, 2003

Members Present: Linda Petlichkoff (President), Damon Burton (President-Elect), Karen Cogan (Secretary-Treasurer), Frank Perna (Professional Development Division Head), Sue Ziegler (Professional Standards Division Head), Doug Hanks (Publications/Information Division Head), Josh Avondoglio (Student Representative)

Approval of Minutes. The minutes from the Spring Board meeting were unanimously approved via email just after the meeting in May, 2003.

AAASP Online Content Review. The Board reviewed the Next Generation Website design and content to provide feedback to Marcia Flynt.

Motion. Perna moved that due to current inconsistencies in AAASP written materials, all reference to the "Health Psychology" interest area be changed to "Health and Exercise Psychology." Cogan seconded the motion. This motion was tabled until Petlichkoff can determine the procedure for changing a focus area title.

October 6, 2003

Additional Members Present: Heather Barber (Science and Education Division Head) arrived in the late afternoon Oct 6, 2003.

The Board reviewed comments to submit to Flynt for editing the website. The Board expressed concern that the current website content is directed primarily toward AAASP members and would be less useful to the public. The Board generated ideas for topics and the organization of the public portion of the site.

Professional Development Section Head Report:

Motion. Burton moved and Ziegler seconded that Perna's PDSH report be accepted. Motion passed unanimously, 7-0.

International Relations Committee. Perna requested that the International Relations Committee (IRC) submit nominations for the Distinguished International Scholar Award (DIS); however, no nominations were forthcoming. The award has not been presented in several years, and the Board discussed strategies for identifying more nominees for future award presentations. The IRC, as always, welcomes suggestions for award nominees.

Action Item: Petlichkoff and Burton will take this issue of generating nominations for the IRC to the Past-Presidents' luncheon and ask for suggestions on encouraging nominations.

Action Item: Perna will ask the IRC committee to forward two nominations for the DIS award to the Board by November 1, 2003 for consideration.

The IRC has organized an International Symposium for this conference and will be working to organize one for next conference as well.

Organizational Outreach Committee. The committee has submitted a draft of a script and ideas for a video production for the public on sport psychology.

Action Item: Perna will ask the committee to provide supportive script for the underdeveloped portions.

Action Item: Petlichkoff will consult with Kirsten Peterson at the USOC about how the USOC produced their video on mentally preparing athletes for the Olympic Games. She will also coordinate an RFP in order to get bids from production companies.

Professional Standards Division Head Report (PSDH).

Motion. Ziegler moved and Burton seconded to accept the PSDH report. The motion passed unanimously, 7-0.

Certified Consultants Committee. The Certified Consultants Committee is asking for direction from the Board related to their charges. The objectives of this committee may change depending on the outcome of the conference call with Jim Whitehead on 10/7/03, and recommendations will be forthcoming.

Diversity Committee. The Diversity Committee forwarded several motions for the Board to consider.

Motion. Ziegler moved and Burton seconded that AAASP include race and ethnicity as two optional fields on the membership application. The Diversity Committee will be charged with providing the language for the additions to the application. Motion passed unanimously, 7-0.

Motion. Ziegler moved and Burton seconded that race and ethnicity be included as two optional fields on the consultant finder. Motion passed unanimously, 7-0.

Motion. Ziegler moved and Petlichkoff seconded that a section be included on the conference submission form where authors identify whether a diverse sample was used and address in the paper the limitations if a diverse population was not used. Motion did not pass, 0-7.

Motion. Ziegler moved and Hanks seconded that the Board approve funding for a conference call and outreach activities for the diversity committee. Petlichkoff offered a friendly amendment that the committee must submit an agenda for the Spring or Fall Board meeting prior to the call. The committee

budget will be \$500. Motion passed unanimously, 7-0.

Ethics Committee. The Ethics Committee presented several motions for the Board to consider.

Motion. Ziegler moved and Cogan seconded that continuing education programming in ethics and professional issues be offered annually at the AAASP conference. The motion was tabled unanimously.

The Certification Review Committee will be asked to review recertification requirements and propose an ethics CE for renewal. Committee Chairs, Ed Acevedo and Ed Etzel, will be asked to coordinate this effort.

The Committee motion to invite a keynote speaker in the area of ethics for the 2004 conference has already been accomplished, and therefore this motion was not considered as a formal motion.

The Ethics Committee asked the Board to reaffirm the response of the Ethics Committee to member inquiries concerning the ethical behavior of other AAASP members. The Board agreed that the response should be informational and educational in nature and not directed toward enforcement at this time. The committee will be asked to make recommendations for remedying any unethical behaviors.

Ziegler will ask the Ethics Committee to propose a due process policy. Burton will ask the Certified Consultant Review Committee to generate question guidelines from other professional certification/license renewal forms (e.g., psychology licensing board renewals) that ask the licensee to report any past felonies or ethical violations.

Motion: Ziegler moved to place on the ballot for the next election a proposal for AAASP to accept the internet ethics position standard proposed by the Ethics Committee last year. Burton seconded the motion. The motion was tabled since the Board did not have the revised document from last Spring (revisions of members and HIPPA standards). Ziegler will ask the committee to complete the editing on the proposal requested at the Spring Board meeting.

Publications/Information Division Head.

Motion. Hanks moved to accept the Publications/Information report. Burton seconded the motion. The motion passed unanimously 7-0.

Hankes reported that Auburn University has not billed AAASP for the costs of mailing the newsletter. He will check with the university about how billing will work. Hankes has purchased a digital camera for newsletter pictures. The Board discussed the need to develop a standard release form to be signed by those whose pictures appear in the newsletter. Hankes has not received archival information from Laura Finch, former Publication/Information Division Head, and will follow up with her to arrange the transfer of documents.

Graduate Program Committee. Michael Sachs reported that the graduate program directory was updated this past summer (2003).

Student Representative Report.

Motion. Avondoglio moved and Hankes seconded to accept the student representative report. The motion passed unanimously 7-0.

Student Practitioner Award. The Board asked for editorial changes on some of the criteria for the Student Practitioner Award. The Board asked Avondoglio to add a statement that "in any given year at the discretion of the committee, the award may not always be given."

Petlichkoff charged Avondoglio with asking student members to determine how they would prefer to use the \$300 Dr. Smoll contributed to the students in lieu of receiving a check for his practitioner award in 2002.

Motion. Petlichkoff moved that all student awardees receive a conference fee waiver, but no monetary awards, effective beginning with the 2003 Conference. Cogan seconded the motion. The motion passed unanimously.

President-Elect Report.

Motion. Burton moved and Petlichkoff seconded that the President-Elect report be accepted. The motion passed unanimously, 7-0.

Burton distributed the Membership Attitude Questionnaire for the Board to review. The Board will bring feedback to the 10/6/03 meeting.

Motion. Burton moved that yearly Certified Consultant dues be waived for Fellow Emeritus members. This would not include certification application or recertification fees. Petlichkoff seconded the motion. The motion passed 6-1.

President Report.

Motion. Petlichkoff moved and Burton seconded to accept the President's report. The motion passed unanimously.

Petlichkoff reported that Susan Haines, CPA, conducted a limited financial review and found all finances in order for 2001 and 2002. She provided several procedural suggestions for conducting the finances in the future.

In the past, the Board has had a liability insurance policy, but the policy has lapsed. Petlichkoff will purchase current liability insurance for Executive Board.

Motion. Petlichkoff moved and Cogan seconded that when there is a change of Secretary/Treasurer, a financial review of the books be conducted. The motion passed unanimously 7-0.

Organizational Realignment. Petlichkoff asked that everyone review the position descriptions for his or her Board position. The Board discussed how effective the realignment has been and examined options for distributing responsibilities more evenly.

SIGS. Petlichkoff noted that a policy is needed to handle SIGs that no longer have coordinators. The Board decided to allow SIGs to remain regardless of coordinator status for now.

Conference Liaison Proposal.

Motion. Petlichkoff moved that the Board approve the Conference Liaison proposal with Penny McCullagh for a trial period of 3 years. After that trial period, this proposal will be re-evaluated with the possibility of transitioning it to a permanent position in the AAASP organizational structure. Burton seconded the motion. The motion was tabled until the Board can determine how this arrangement will affect the site selection contract with Centennial Conferences.

Motion. Petlichkoff moved that when the President-Elect is not a Fellow, he/she will designate a Past-President, who is a Fellow, to serve as the chair of the Fellows Review Committee. The chair will handle all reviewing procedures for the President-Elect. Regardless of who the chair is, all files will be reviewed and decisions finalized prior to the Spring Board meeting. The Past-President will assume the responsibility of informing the Fellow applicant(s) of the outcome of the review. Cogan seconded the motion. Motion passed unanimously, 7-0.

Petlichkoff noted that there is no formal procedure for a member to submit an application for Fellow Emeritus status.

Action Item: Petlichkoff will develop an application form for Fellow Emeriti.

Action Item: The President-Elect will check Fellow membership and conference attendance to determine active vs. inactive status. Letters will be sent to those who have become inactive to reiterate the criteria necessary to be an active Fellow and to notify them that their status is in danger of becoming inactive.

Motion. Petlichkoff moved that students who assist with AV at the conference for at least 8 hours (includes training session) will receive a \$100 refund off their conference registration beginning in 2004. Ziegler seconded the motion. The motion passed unanimously, 8-0.

A discussion ensued about multi-authored presentations and which of the authors will be required to register for the full conference. This issue will be clarified at the Spring Board meeting, but current policies will hold for now.

Action Item: Petlichkoff outlined concerns for honorary naming for award lectures. Petlichkoff will take this to the Past-Presidents Council to determine criteria for naming an honorary award.

Science and Education Division Head (SEDH).

Motion. Barber moved and Hankes seconded to accept the SEDH report. Motion passed unanimously.

Barber reported that all Foci Committee Chairs are rotating off this year. Barber presented a new rotation for Chairs; Gloria Solomon will be Performance Enhancement/Intervention Chair for 3 years, Aynsley Smith will remain as Health Psychology Chair for one more year. She is still searching for a Social Psychology Chair. Maria Newton has agreed to be CE Chair.

Motion. Barber moved and Burton seconded that Foci Area responsibilities be expanded to include leadership, evaluation of research grants, recruitment of abstract reviewers, and review of the Conference program. The responsibilities include:

1. Leadership of Focus Area

Set agenda and conduct annual meeting at AAASP conference and one additional conference call meetings during the course of the year

Set specific assignments for committee members or create task forces where necessary

Website information/content development for specific focus area

Create and update list of potential conference keynote speakers related to focus area

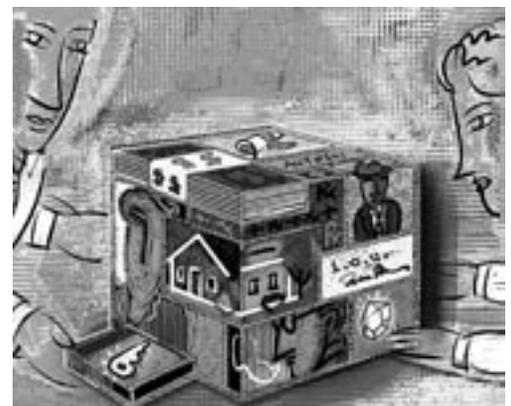
Support SIGs under the specific focus area

Recruit/select one program to be sponsored by the committee to be on the conference program

2. Evaluate AAASP Research Grant Proposals for funding by the Association and make recommendations to the EBoard

3. Recruit qualified and experienced abstract reviewers for conference abstracts

4. Conference Program Review Committee (SEDH, Foci Chairs, Past President, Conference Program Manager). Assist with reviewing program for balance and quality.



Motion passed unanimously, 8-0.

Motion. Barber moved that each of the Foci Area Committees conduct one conference call meeting each year (prior to or after Spring Board meeting) in addition to the annual meeting at the conference, not to exceed \$500 total. Each committee must have its agenda approved by the SEDH and the President prior to the conference call. Cogan seconded the motion. Motion passed unanimously 8-0.

Motion. Barber moved to create a Conference Program Committee. Membership would include the Conference Program Chair, Conference Program Manager, Past-President, and the three Foci Area Chairs. The responsibilities of this committee will be to annually review the call for abstracts and the directions for submission, examine the program once it is in draft form to check for programmatic balance, and to assist with the organization of the conference in the weeks leading up to the conference. Petlichkoff seconded the motion. Motion passed unanimously 8-0.

A mechanism is needed for placing information generated from Foci groups onto the website. Petlichkoff, Hanks, Burton and Sam Zizzi will meet and determine a process to quickly review information for inclusion on the website and bring recommendations back to the Sunday morning Board meeting. Members must be identified to review content in their specialty areas.

Tuesday, October 7, 2003

Additional Member Present: Dave Yukelson (Past-President) arrived in the morning of Oct. 7, 2003.

Conference Call with Jim Whitehead. The Board participated in a conference call with Jim Whitehead to review directions for AAASP. Whitehead's key point is that we have a service to provide (educating the public about applied sport and exercise psychology and providing knowledge about referral options). We need to position ourselves to make this happen by distributing administrative services to companies who are trained to handle those areas, leaving us to spend time doing what we are trained to do.

Identified Needs:

1. Conference management
 - Delineate specific duties onsite
 - Delineate specific duties pre-conference
2. Association management/networking
 - Home office duties, general running of the organization
 - Membership mail-ins
 - First contact
 - Media relations
 - Marketing
 - Revenue generation
3. Priorities for scope of work to put forth in an RFP
 - Management
 - Conference & meetings
 - Membership/Customer service
 - Communication and media relations
 - Policy & advocacy
 - Website & technology

Next steps Board needs to take:

1. Look at application process online for getting information from association management companies
2. Generate an RFP
3. Develop a task force to evaluate responses from potential association management companies.

Business was resumed after the conference call.

Motion. Barber moved that all registration for the conference registration (including Conference, CE and Course registration) be limited to online or onsite only. Burton seconded the motion. Motion passed 9-0.

The Board discussed potential candidates for the 2004 officers' slate. Burton will follow-up on outlining the final slate.

Past-President Report

Petlichkoff moved and Perna seconded to accept the Past-President Report.

Motion. Yukelson moved and Perna seconded that we offer a reduced rate (i.e., discounted by 1/3 off the professional fee) for students wishing to attend the pre-conference courses beginning in 2004. Motion passed 8-1.

Further discussion will continue with the intent of examining possibilities of offering pre-conference courses to members and non-members and establishing fees in that context.

Motion. Yukelson moved that AAASP exhibitors who are members be offered a 25% discount off the established exhibitor fee for that conference. The exhibitor fees are independent of any conference registration. Hanks seconded the motion. Motion passed 9-0.

Action Item: Petlichkoff will discuss with Len Zaichkowsky issues related to his payment for being our APA CE provider.

Action Item: Next year the conference program chair will ask for bids from three publishing companies (RonJon, Craftmasters, and Taylor & Francis) for the conference abstracts next year.

Action Item: Burton, Barber and the CE chair will work together to author a document that clearly delineates responsibilities and criteria for course delivery that will be equivalent to a 45 hour graduate course.

The Board reviewed Burton's draft of the AAASP 2003 Member Attitude Questionnaire. The feedback will be incorporate into the final form to be distributed for completion at the conference.

Secretary Treasurer Report.

Cogan presented the membership report. As of September 29, 2003, the total AAASP membership was 1212. At the end of October, 2002 (11 months ago), the membership was 1225, indicating that membership is similar to last year. All previous years have seen a steady increase in membership so AAASP membership may be leveling out.

Cogan presented the Financial Report. As of August 29, 2003, the checking account balance was \$52,805.52. This balance

does not include some of the online registration fees and most of the conference expenses so the balance will be adjusted with the financial activity associated with the conference over the next several weeks. The unrestricted capital reserve account balance is \$102,560.70, and the restricted capital reserves account balance is \$287,192.45. Cogan reported that funds in these accounts should be shifted based on previous policy decisions such that currently the restricted capital reserves has a total of \$273,000.00 and the unrestricted capital reserves had a total of \$116,753.15. Adjustments will be made at the end of the fiscal year after profits and losses have been established. AAASP currently is in good financial health, and there will be funds available for selected projects. Cogan emphasized the need to move toward a prospective budget.

Conference Update and EB Responsibilities

Yukelson presented updates on the Conference organization. EBoard election voting will close 1:00 Friday.

JASP Editor Report.

Bob Weinberg joined the Board meeting to provide an update on JASP. He reported that the journal continues to receive numerous submissions (99 this year) and that there are enough articles to fill the first three issues of 2004. Taylor and Francis has been responsive as the publisher. Weinberg will be stepping down December 31, 2003 as editor and discussed who might fill his place and possible compensation issues.

Sunday, Oct 12, 2003

Members Present: Linda Petlichkoff (President), Dave Yukelson (Outgoing Past-President), Damon Burton (President-Elect), Karen Cogan (Outgoing Secretary-Treasurer), Frank Perna (Outgoing Professional Development Division Head), Sue Ziegler (Professional Standards Division Head), Heather Barber (Science and Education Division Head), Doug Hanks (Publications/Information Division Head), Josh Avondoglio (Outgoing Student Representative), Marty Ewing (Incoming President-Elect), Mary Fry (Incoming Secretary-Treasurer), Jack Lesyk (Incoming Professional Development Division Head), Angie Hartman (Incoming Student Representative).

The Board meeting began with informal discussions between incoming and outgoing board members to ease the transition.

Next Generation (NG) Website Review. Burton initiated a discussion related to feedback for the NG website. Ziegler identified several proposed changes resulting from a meeting with Marcia Flynt which included:

For Certified Consultants, edit the categories of athletes with whom CCs work

Steps for putting new information on the website were identified:

- SIG
- foci chair
- Marcia
- test environment
- review by selected board and committee members

A mechanism needs to be in place so that members are required to purchase the full conference and that only non-members have the option of a day pass

The Fellow and Certified Consultant Committee chairs will need to be able to update the database when new members are approved

A discussion of possibilities for voting on the website was discussed but there may be some constitutional issues involved

Some of the previous data needs to be cleaned-up. Flynt has offered to do the clean-up and costs will need to be negotiated with her.

Conference Liaison. Penny McCullagh joined the Board to discuss the Conference Liaison proposal. She reviewed the history of Centennial Conference's involvement with AAASP and her proposed role as liaison.

Motion. Ewing moved that the Conference liaison position be approved. Burton seconded the motion. Motion passed unanimously, 9-0.

Burton proposed that AAASP aim for \$20,000 in revenue profit at the Minneapolis conference and \$40,000 at the Vancouver conference. Petlichkoff suggested this may be unrealistic based on the contract signed for Minneapolis and the high cost of technology for the conference. The Board agreed that revenue in addition to the conference is needed to support AAASP in the future.

Conference Issues.

The Poster boards were an additional cost this year. Poster boards need to be included as part of the negotiated conference contract in the future. The number of poster sessions, as well as number of poster boards per sessions, needs to be considered when budgeting in the future. In addition, the Board needs to review the on-line

guidelines for posters and emphasize the importance of having them easily visible (i.e. some posters were in a 2 x 3 format).

Conference attendance was 746.

Yukelson discussed several issues related to the conference organization. He suggested that AAASP needs a committee to deal with complaints to avoid future lawsuits that might jeopardize the organization.

Motion. Petlichkoff moved and Hanks seconded that we review the conference budget over the past 3 years and determine a line item budget to reach the goal of \$20,000 conference profit for next year. Motion passed unanimously.

Additional Discussion Items.

The Board discussed the need to bring closure to the organization's failure to submit a 2000 tax return. The consensus is to submit the 2000 return late and negotiate or appeal any penalties with the IRS.

Jean Williams suggested that AAASP provide a membership/conference discount to Emeritus members. This will be discussed at the Spring EBoard meeting. The possibility of organizing a luncheon for emeritus members at the conference was also discussed.

Damon Burton discussed the need to expand the pool of AAASP Fellows.

Motion. Petlichkoff moved and Hanks seconded that 2004 AAASP dues be raised from \$125 to \$135 for professional members, from \$70 to \$75 for students, and from \$25 to \$30 for certified consultants. The motion passed unanimously, 7-0.

New EBoard Members



from left to right: Angie Hartman, Mary Fry, Jack Lesyk and Marty Ewing

Motion. Barber moved and Ziegler seconded that Petlichkoff's revised AAASP Executive Board Organizational Chart be accepted. The motion passed unanimously, 6-0.

Motion. Barber moved and Ewing seconded to add an amendment to the Chart that called for job descriptions to be attached to the structure. The job descriptions are to be ready for approval at the Spring Board meeting. The motion passed unanimously, 6-0. Sue Ziegler will initiate a call with the division heads.

Petlichkoff asked everyone to meet the Jan. 10, 2004 deadline for the AAASP newsletter that will include position statements and pictures of the candidates.

Hanks announced that 10/31/03 is the deadline for the next newsletter.

Dates were discussed for the Spring EBoard meeting. Burton will email the Board and determine a firm date in the following week. The meeting will occur from 5pm Thursday to Sunday afternoon.

The meeting was adjourned at 12:00 PM.

2003 Membership Report

There were 1244 members as of October 10, 2003. The following presents membership demographics:

By Category & Gender

	Female	Male	Total
Professional	247	351	598 (48%)
Student	357	269	626 (51%)
Affiliate	8	12	20 (2%)
Total	595	617	1244

2003 Membership Disciplines

	Professional	Student	Affiliate	Total
Psychology	239	208	3	450
Sport Sc./Kinesiology	113	184	2	299
Combined Sport Sc. & Psych	171	149	4	324
Medicine	10	1	1	12
Other	65	84	10	159
Total	598	626	20	1244

Top 8 Country Representation

United States	763
Canada	78
United Kingdom	62
Japan	23
Australia	16
Argentina	12
Singapore	4
New Zealand	4
Other Countries	49
Total	1244

Professional Standards Division Committee Reports

Professional Standards Division (Susan Ziegler)

The committees reporting to the Professional Standards Division have ambitious agendas for next year. As you review their reports, determine if you have an interest in becoming a member of one of the committees. If so, contact the chairperson of that committee. Some of the goals for the Professional Standards area this year include major work and responsibility in developing multiple areas of the new AAASP website, re-focusing the activities of the Certified Consultants Committee, re-evaluating the standards and criteria for re-certification, re-thinking the role of AAASP in areas of ethical concerns of AAASP members, and keeping Diversity at the forefront of the AAASP agenda.

Certified Consultant Committee Report

Committee Membership: Judy Goss, (Chair), Steve Edwards, Diane Ashe, Lewis Curry

AAASP members interested in joining the committee should contact Judy Goss.

The Certified Consultant Committee has redefined its mission this year and accordingly has determined 3 major goals for this year: 1) to continue providing support and services to the AAASP Certified Consultants, 2) to provide suitable continuing education opportunities for Certified Consultants at the Annual Conference, and 3) to provide content for the new

AAASP website. The committee will generate priorities and timelines for managing the website content. There will be two target audiences: AAASP Consultants and the general public. The committee is interested in offering additional sessions on supervision at next year's conference. Please submit your ideas to Judy Goss who can help provide leadership in this area.

Certification Review Committee Report

Committee Members: Ed Acevedo (Chair), Bart Lerner, Vikki Krane, Wes Sime, Sam Foster, Emily Claspell, and Jean Williams (Liaison)

The Certification Review Committee has as its primary responsibility to review applications for AAASP Certified Consultant status. This responsibility is supported by several tasks including the review of the credentials of proposed supervisors, facilitating the process of application, considering changes to the certification process (i.e., certification exam), and promoting AAASP certification as a means of advancing applied sport psychology.

This year the committee has reviewed standard applications, grandparenting applications, re-certification applications, and the first Master's Degree applicant. In addition, we have struggled with meeting the supervisory needs of prospective applicants. We have worked

closely with prospective applicants to facilitate the process of determining qualified and effective supervisors. This is a challenge that the committee continues to address and strives to creatively link applicants with supervisors.

Most significantly, this committee has worked to minimize the learning necessary to complete the certification application. Much of this has occurred with the initiation of the new AAASP website. Updated forms and streamlined communication should help to minimize confusion and attenuate the learning curve associated with completing the application process.

Furthermore, the Executive Board has sought input from our committee on topics related to a certification exam and the reciprocal agreement with BASES. All of these tasks have led or will lead to improvements in providing the service of promoting applied sport psychology through AAASP certification. I, as chair, have been privileged to work with a committee that has taken their responsibility with commitment, meticulous attention, fair-mindedness, and humor.

Finally, advancing applied sport psychology can be greatly facilitated by the promotion of qualified professionals. Certified Consultant - AAASP defines "qualified professional" in applied sport psychology. Increasing the critical mass of qualified professionals is a key goal of our committee in serving the mission of AAASP.

Ethics Committee

Committee Members: Ed Etzel (Chair) Sandra Foster, Kirsten Petersen, Jack Watson, Jeffrey Brown, Kirsten Dieffenbach, and David Goodrich

Members who are interested in serving on the Ethics Committee who have a working knowledge of professional ethics should contact the chair of the committee, Ed Etzel at edward.etzel@mail.wvu.edu.

The Ethics Committee crafted a statement about the committee for the new AAASP website. This statement reaffirmed its perceived role, as delineated by the Executive Board, as a consultative/educational group for all AAASP members:

"Ethics Committee members help other members think through [ethically challenging] situations in an objective manner based upon the AAASP ethics code. Questions and concerns brought to the ethics committee are kept confidential. The EC is not involved in the enforcement of AAASP ethics code or consequating professional behavior that may be seen as unethical."

Committee members wrote three articles for the AAASP Newsletter during this past year. While committee members typically make regular presentations at the annual conference on ethical issues, they did not do so this year in view of the responsibilities associated with organizing the 2-day pre-conference continuing education ethics course. For the second consecutive year, committee members offered a 2-day continuing education ethics course for members prior to the fall conference. Unfortunately, insufficient enrollment caused its cancellation.

The Executive Board charged the Ethics Committee with the following tasks:

- 1) Forwarding the revised proposed ethical standards on

Internet use as crafted by Jack Watson (including input received from members last year and a HIPPA statement;

- 2) Communicating with the certification chair on possible requirements for ethics continuing education for recertification, including language requesting the candidate to identify any ethical concerns they have encountered since last his/her last review;
- 3) Providing to the Executive Board another model for a standard letter of inquiry from the Executive Board for AAASP members who may have engaged in violations of the ethics code.

Diversity Committee

Committee Members: Emily Claspell (Chair), Ruth Hall, Hiranji Heke, Wendy Borlabi

Members interested in joining the planning board for the Diversity Committee should contact Emily Claspell.

Fifteen AAASP members attended the Diversity Committee meeting. We discussed the progress that has been made by our committee and some of the changes that are visible in AAASP. We thought it necessary to track AAASP's movement toward becoming a more diverse organization by examining the past 18 years of conference programming regarding diversity. Diane Gill & Cindra Kamphoff of UNCG agreed to look at previous AAASP conference programs. We also agreed that we must continue to inform the AAASP Executive Board of our need to continue to expand AAASP's diversity agenda.

Regarding our new webpage, Emily Claspell, the new Chair, will add to the Diversity webpage information and indicate that the Diversity Committee is open to all AAASP members. We alerted the Diversity Committee membership that there is a need to provide ewowe Corporation, the AAASP webpage creator, with pictures of athletes of color and identified LGBT athletes. Marcia K. Flynt, the ewowe representative, is looking forward to the receipt of additional photos for the AAASP webpage.

We had over 180 completed Diversity Questionnaires returned from the conference participants. We will be able to distribute the results as soon as the information is coded. We intend to write an article on our findings.

The committee decided that diversity needs to be more visible in AAASP. Ruth Hall volunteered to provide a ribbon for members interested in diversity issues. The ribbon will be placed in the nametag holder and will be distributed at AAASP next year. We are also starting a new tradition: diversity members will gather for lunch on Friday afternoon.

Please join us next year at our Diversity Committee meeting. We look forward to seeing you.



Call to Order:

President Petlichkoff called the meeting to order at 12:45 pm.

Quorum:

Petlichkoff declared a quorum was present and turned the meeting over to President-Elect Damon Burton who had been instrumental in developing the proposals before the Fellows.

BASES Proposal:

Burton briefly reviewed the proposal for granting reciprocity for members certified by BASES. Some members had not received the proposal due to the old data base used for mailing information. The requirements basically included tutorial approach to knowledge acquisition versus standardized course work, a review board, and extensive supervision. A candidate would submit an action plan for meeting BASES criteria and would have up to 3 years to complete the plan. If the supervisors were not pleased with the performance, the time could be extended. Hale indicated that the BASES candidate must file an annual report on progress with the review board. He thought the BASES program was more stringent than the AAASP standards.

Motion. Jean Williams moved and Michael Sachs seconded: If the move to the other organization is permanent, then recertification dues must be submitted to the original group. There was discussion about this motion, but a final decision about this point was never made.

Tara Scanlan called for the question and the proposal passed unanimously.

Certification Exam Proposal:

Burton reviewed the Certification Exam proposal indicating that the first step would be the appointment of a task force to review the plan. A second step would be conducting a job analysis of the certified consultant. This information would then be used as a foundation for the development of an exam. One possibility was to contract with an independent firm (e.g., Applied Measurement Professionals) who would offer two separate options:

- Option 1: Would identify an advisory committee to identify proficiencies important to the field. (Approximately \$10,800).
- Option 2: Survey a group of sport psychologist (recommended number 500) to seek agreement on proficiencies (Approximately \$19,200).
- To contract for the fully developed exam was estimated at \$65,000.

Burton indicated that the more legally defensible position would be with Option 2. He also indicated that the BASES group would consider whether to support this option and contribute to the costs.

Motion. A motion was made to take the first step in the process (Option 1). Zaichowsky seconded the motion.

Burton reviewed the rationale for implementing an exam-based certification process. As a profession matures it generally moves from a portfolio approach to an exam-based model. This would be a proactive move for AAASP as a leader in the field. An AAASP developed exam would be inclusive to all sport psychology, and it would provide another

option for certification and would help grow the number of certified consultants. The Fellows discussed several points including the development of a task force to explore the advantages for the field of developing the exam for the cost of the projected \$70,000 investment. The task force could also explore whether the exam would generate a more qualified certified consultant pool.

Motion. Sachs moved and Scanlan seconded to table the motion until next year. Motion passed unanimously.

Motion. Sachs moved to appoint a task force to look at the issues over the next year. Vikki Krane offered a friendly amendment adding that the task force (or a second task force) be charged with examining other ways AAASP could promote the organization.

Discussion:

Diane Gill suggested that only one task force would be needed if the charge were broadened to include the review of the need for the exam and a review of other ways to promote AAASP and the certified consultants. Kate Hayes asked that a member from APA Division 47 be involved with the task force. Petlichkoff indicated that a member of BASES should also be involved in the discussion.

The motion to appoint a task force to review the exam-based certification option and to review other strategies to promote AAASP and the certified consultants was passed unanimously.

Action item:

Burton pledged to have a report for the Board at its Spring meeting.

Other Business:

Petlichkoff apprised the members of two informational items:

- There is no legislation that says fellows should be notified 60 days in advance of a vote. The only time a 60 day notification was established was for constitutional changes that require full membership consideration and vote.
- The new website will be able to sort Fellows by active Fellow status. She reinforced that it is very important to have accurate member information on the web and encouraged everyone to change their personal profiles.

Zaichowsky indicated that in conversations with our keynote speaker, Dr. Hugh Smith, the questions were asked what the "advancement" in our association's name referred, and if we were not past this growth period. He also inquired how people would know that we even dealt with health and exercise psychology. Zaichowsky asked whether it might be time for the EB to review the name of the association. Williams agreed with Zaichowsky and indicated that the health and exercise psychology area members perceived they are losing visibility and identity within the AAASP organization and that a name change would be timely.

Petlichkoff indicated that giving more responsibility to the foci groups will help address this concern and hopefully result in a more balanced conference program.

Meeting Adjourned.

Heath and Exercise Psychology (HEP) Committee Report

Committee Membership: Aynsley M. Smith (Chair), Eileen Udry, Edmund O'Connor, Anthony Kontos, Mara Smith, and Angela Hartman

Sit-Withs: Diane Whaley, Exercise Psychology SIG leader and Francis Flint, Psychology of Injury SIG leader

Advisory Council: Heather Barber, Bonnie Berger, Jessica Mohler, Karen Mustian, Michael Sachs, Brad Cardinal

Thank you to Mara Smith for agreeing to join the HEP committee; to Eileen Udry for starting the Psychology of Injury SIG and for capably guiding it through the past 2 years, and to Diane and Francis for taking over leadership of the SIGs. We congratulate Angela Hartman, the new AAASP student representative! Thanks for agreeing to stay on the committee and serving as its excellent secretary for another year.

Heather Barber, prior to our AAASP symposium, succinctly conveyed the tasks and responsibilities to both the HEP committee and to its two reporting SIGs. Her communication facilitated preparation of our HEP meeting agenda that was sent out prior to our October AAASP conference. Our tasks and responsibilities now include but are not restricted to:

- Reviewing and rating submissions for the annual AAASP conference
- Preparing and submitting a list of potential AAASP conference keynote speakers
- Eliciting information and content for the HEP page of the AAASP website (professional side and general public side)
- Choosing one program to be sponsored by the HEP committee to be slotted into next year's conference program
- Providing encouragement for SIGs to work collaboratively to develop and submit a research proposal to AAASP for funding
- Reviewing and rating proposals submitted—make recommendations to the EBoard
- Assisting with a post-hoc review of the conference program to determine balance and quality
- Receiving the SIG reports and providing support

Thus enlightened, the HEP committee met during the conference and dealt with their responsibilities. The mission statement was revised, and it and the minutes of the meeting

werEmailed out and submitted to the website. A list of potential keynote speakers was submitted. Reports were heard from the SIG leaders.

The Exercise SIG is working on a research project. Diane Whaley has sent in a report and has been in touch with her members. Ideas for a symposium for next year are receiving serious discussion.

Dr. Francis Flint noted that this year's Psychology of Injury program had fewer presentations than past years. ATCs attending who need 7-10 Continuing Education Units (CEU) for their update were only able to get three this year. The webpage for Psychology of Injury will include a list of sport psychologists who deal in psychology of injury.

In regard to program balance, the committee expressed concern that this year's program may have been weighted toward performance enhancement topics and that outstanding exercise psychologists are now submitting their work to other organizations. It was not clear whether the imbalance (if present) reflected the number of submissions, the quality of submissions, or a selection bias. An informal count of symposia and lecture series (not posters) showed that 19 (31.6%) fell into the IPE domain, 17 (28.3) into social psychology, 14 (23.3%) into miscellaneous, and 10 (16.6%) into health and exercise psychology. Classifying these is not a perfect science! Although most AAASP members enjoy working with competitive athletes, the HEP committee expressed their sincere concern that many of us are failing to deliver our expertise and talents to areas of the greatest need.

For example, in his keynote "From the Playing Field to Health Care: Integrating Sport and Exercise Psychology into the Play," Dr. Hugh Smith discussed employment opportunities and challenged our organization to apply the skills of our members to metabolic syndrome and to the child obesity epidemic. His slides, a summary and list of potential areas of employment have been submitted to Marcia Flynt for posting on our website. Please note that "Mr. Smith" thanked AAASP for their generous honorarium but returned it with the suggestion it be divided into 4 or 5 small awards. Awards could be presented with a plaque or certificate and given to submitters of research or programs judged by the program committee to be of the greatest benefit to the athletic and exercise populations (or those in need thereof) that AAASP serves. He suggested the awards be called the "Walter Peach" awards. Decisions in this regard will be made by the AAASP executive committee.

Increasing the number of quality submissions in the area of health and exercise psychology is important. Suggestions were also made to ensure that the keynotes each year represent both genders; that their order of presentation be rotated (ie HEP first next year, etc.), and Mara Smith suggested that an "exercise fair" approach be taken to the AAASP conference in Minneapolis.

In summary, let's get our research data organized to submit for lectures, symposia workshops and posters. Keep thinking of names for keynote speakers, in case some who are being invited are unable to attend. Thanks to all who attended the HEP and SIG meetings. We are embarking on an exciting, productive year and invite your suggestions, critiques, and support.

Remember: "If it's to be, it's up to me"



AAASP Students: This Is The Year to Get Involved!!

Angie Hartman

AAASP Student Representative

Before I begin talking about the great opportunities there are for student AAASP members, I would like to express a huge thank you for the chance to serve as your student representative for the 2003-2004 year. It truly is a great honor to be representing the AAASP student body and to continue the great work of previous student representatives. I look forward to not only continuing, but also developing new student-based initiatives! Because some students may not be familiar with these initiatives, I have described them below. If you are interested in helping out with these programs, do not hesitate to contact either the individual listed under each initiative or myself (hart0504@umn.edu).

Student Awards

To continue AAASP's dedication to the scientific-practitioner model, the Student Practitioner Award has been developed to recognize outstanding applied work by students. Students interested in this award must outline their consulting philosophy, nature of the consulting problem, interventions applied, and the outcomes of those interventions. Two letters of support must also accompany the application. For specific information and guidelines, please refer to this newsletter. Application deadline is February 15, 2004.

Along with the Student Practitioner Award, students are also encouraged to apply for the Thesis and Dissertation Awards. Special congratulation goes to Jeff Vallance and Nick Holt, recipients of the 2003 thesis and dissertation awards. Specific guidelines and contact information for these awards are published in this newsletter as well. I strongly encourage all students to apply for these prestigious awards!

PPUMP- Proactive Peer Undergraduate Mentoring Program

The objective behind PPUMP is twofold: 1) to create a list of graduate students who are competent and willing to serve as mentors for their peers and prospective students as they search for graduate programs that best fit their needs; and 2) allow students to assist and collaborate with other sport psychology students interested in similar research topics and applied experiences. If you are interested in becoming a student mentor, please contact regional representative Heather Peters at hjpeters@u.arizona.edu. The list of student mentors will soon be available over the web.

PEM- The Performance Excellence Movement

The Performance Excellence Movement is a joint adventure between AAASP and APA-Division 47. The objective of PEM is to increase students' awareness of and participation in using sport psychology skills in other arenas of life. Previous newsletters have focused on business coaching, medicine, and most recently, the military. Jessica Mohler (jmohler@loyola.edu) has graciously offered to lead the way with this initiative. She, however, needs help. So, if you are interested in getting involved or have ideas for future newsletters, please contact her; this is a perfect opportunity to get involved!

Internship Database

As students progress through their Master's and Doctoral programs, many are interested in seeking out experiences that will allow them to not only gain hands-on applied sport psychology experiences, but to help complete the required internship hours for becoming a certified AAASP consultant. A list of internships are currently being gathered and will soon be available on the website for students to contact. If you know of an internship experience, please contact me at (hart0504@umn.edu).

Graduate Program Fair

A special thanks to past student representative, Josh Avondoglio, and regional representative Nick Galli for helping to organize this year's graduate program fair, in which 17 programs participated. The program fair provides a friendly environment for prospective students to learn more about the schools they are interested in by interacting with students and faculty members. Congratulations to all the students who won books during the book raffle, which Fitness Information Technology and Human Kinetics graciously donated. If you are interested in helping out with the program fair in Minneapolis, please contact Nick Galli (gallin@muohio.edu).

Student Diversity

The student diversity initiative, in conjunction with APA-Division 47, seeks to not only recruit a diverse AAASP student membership, but to also bring diversity issues in sport and exercise psychology to the forefront. This initiative is extremely important in increasing the heterogeneity of the AAASP membership, and in particular, the AAASP student membership. Diversity issues to be addressed include race, ethnicity, gender, sexual orientation, disability, and international topics. If you are interested in helping with this initiative, please contact Damien Clement (dclement@mix.wvu.edu).

Regional Conferences

Regional conferences are student lead conferences designed to provide an atmosphere where students can present research (proposals and complete projects) and network with other sport psychology students within their region.

Find a regional conference within your area!

Southeast Region: Samford University, Birmingham, Alabama
Contact: Dr. Daniel Czech, (205) 726-4229, samfordsportpsychology@yahoo.com

April 23-24, 2004

The deadline for abstract submissions will be in early February

Midwest Region: Ball State, Muncie, Indiana
Contact: Tiz Arnold, tizarnold@yahoo.com;
February 20-21, 2004

For more information: www.bsue.edu/physicaleducation/sportpsychology/symposium

Northeast Atlantic Region: Temple University, Philadelphia, PA
Contact: Anne Wilkinson, awilkins@temple.edu
March 19-20, 2004

New England Region: Springfield College, Springfield, MA
Contact: Mae MacIntire, mmac912@yahoo.com
June 4-6, 2004

Regional Representatives

It is a great honor to be working with the current group of regional representatives. Throughout the year we will be working to improve student issues and initiatives in AAASP. The current list of regional representatives can be found on the AAASP website. We are still in need of student representatives in some regions and/or countries. If you are interested in becoming a student representative, please contact me (hart0504@umn.edu) so that we can further discuss the responsibilities of regional representatives. A complete list of student representatives will be published in the next newsletter.

There are a lot of exciting and new initiatives to get involved with. It is only through students wanting to get involved that these initiatives can be successful. The regional representatives and I look forward to hearing from you soon.

AAASP Certified Consultant List by Numerical Order of Certification

Please Note: As of October 31, 2003, this is the best re-creation of the list the Certification Review Committee could assemble.

CC#	Year Certified	Name	CC#	Year Certified	Name	CC#	Year Certified	Name	CC#	Year Certified	Name
1	1992	Silva, John M.	48	1992	Grove, Robert	99	1995	Ridley, Sheila E.	147	2001	Keeler, Bruce
2	1992	Weinberg, Robert S.	49	1992	Krane, Vikki	100	1995	Stainback, Robert D.	148	2001	Lewis, Leo E.
3	1992	Kirschenbaum, Daniel	51	1992	McGuire, Richard T.	101	1995	Zinsser, Nathaniel W.	149	2001	Voight, Michael R.
4	1992	Gould, Daniel R.	52	1992	Oglesby, Carole A.	102	1995	Weigand, Daniel A.	150	2001	Smith, Alan L.
5	1992	Sachs, Michael L.	54	1992	Porter, Kay	103	1995	Lasser, Eric S.	151	2001	Howlett, Beth A.
6	1992	Williams, Jean M.	55	1992	Smith, Daniel E.	104	1995	Henderson, Jane C.	152	2001	Schatz, Naomi S.
7	1992	Zaichkowsky, Leonard	58	1992	Scanlan, Tara K.	105	1995	Goss, Judith D.	153	2002	Ehrich, Brian J.
8	1992	Murphy, Shane M.	59	1993	Heil, John	106	1995	Foster, Sandra L.	154	2002	Hall, Ruth L.
9	1992	Danish, Steven J.	60	1993	Hays, Kate F.	107	1995	Smith, Robert J.	155	2002	Raedeke, Thomas D.
10	1992	Hardy, Charles J.	61	1993	DeFrancesco, Charmaine	108	1995	Acevedo, Edmund O.	156	2002	Tenenbaum, Gershon
11	1992	Vealey, Robin S.	62	1993	Csoka, Louis S.	109	1995	Potler, Seymour A.	157	2002	Cox, Richard H.
12	1992	Andersen, Mark B.	63	1993	Kelley, Betty C.	110	1995	Barber, Heather	158	2002	Giges, Burt
13	1992	Berger, Bonnie G.	64	1993	Makarowski, Louis M.	111	1995	Claspell, Emily L.	159	2002	Mallimson, Robert A.
14	1992	Bowman, James J.	65	1993	Meyers, Andrew W.	112	1996	Greenberg, Doreen L.	160	2002	Roberts, Glyn C.
15	1992	Bredemeier, Brenda	66	1993	Miller, Merry	113	1996	Dale, Gregory A.	161	2002	Modrick, Jeannette
16	1992	Bunker, Linda K.	67	1993	Miner, M. Jane	114	1996	Martin, Scott B.	162	2002	Harmison, Robert J.
17	1992	Burke, Kevin L.	68	1993	Serrano, Alejandro	115	1996	Smith, Mitchell W.	163	2002	Anshel, Mark H.
18	1992	Burton, Damon D.	69	1993	Simons, Jeffrey P.	116	1996	LaMott, Eric E.	164	2002	Gill, Diane L.
19	1992	Coop, Richard H.	70	1993	Sinclair, Dana A.	117	1996	Copeland, Barry W.	165	2002	Hurr, Wayne M.
20	1992	Davis, Hap	71	1993	Straub, William F.	118	1996	Hill, Karen L.	166	2002	Shoenfelt, Betsy L.
21	1992	Edwards, Steven W.	72	1993	Thompson, Mark A.	119	1996	Lerner, Bart S.	167	2002	Wang, Jin
22	1992	Gardner, Frank L.	73	1993	Van Raalte, Judy L.	120	1996	Curry, Lewis A.	168	2002	Wiese-Bjornstal, Diane L.
23	1992	Gordin, Richard D.	74	1993	White, Dr. Tommie I.	121	1996	Finch, Laura M.	169	2002	Cockshott, Randall W.
24	1992	Hale, Bruce D.	75	1993	White, Sally A.	122	1996	Solomon, Gloria B.	170	2002	Brennan, Ben
25	1992	Hall, Evelyn	76	1993	Wrisberg, Craig A.	123	1996	Sime, Wesley E.	171	2002	Giammatteo, Len
26	1992	McCullagh, Penny M.	77	1993	Duda, Joan A.	124	1997	Chase, Melissa A.	172	2002	Cremades, J. Gualberto
27	1992	Murray, Mimi C.	78	1993	Meyers, Michael C.	125	1997	McGowan, Robert W.	173	2002	Hankes, Douglas M.
28	1992	Murphey, Milledge	79	1993	Ogilvie, Bruce C.	126	1997	Smith, Aynsley M.	174	2002	Wiechman, Shelley
29	1992	Morrow, Julian P.	80	1994	Ashe, Diane D.	127	1997	Kagel, Alan S.	175	2002	Beck, Niels C.
30	1992	Pargman, David	81	1994	Ballinger, Debra A.	128	1998	Cupal, Deborah D.	176	2002	McCann, Sean C.
31	1992	Pease, Dale G.	82	1994	Blundell, Noel L.	129	1998	Ingalls, Joan S.	177	2002	Sterk, Sam
32	1992	Pemberton, Cynthia L.	83	1994	Brewer, Britton W.	130	1998	Wightman, Patricia O.	178	2002	Goldman, Cheryl L.
33	1992	Petitpas, Al	84	1994	Crace, Robert K.	131	1998	Williams, Ellen W.	179	2002	Peterson, Kirsten M.
34	1992	Ravizza, Kenneth H.	85	1994	Muczko, John P.	132	1999	Chamberlain, Ronald	180	2003	Brown, Jeffrey L.
35	1992	Richardson, Peggy A.	86	1994	Parham, William D.	133	1999	Shaw, Tracy D.	181	2003	Boze, Michelle M.
36	1992	Smoll, Frank L.	87	1994	Parker, Kathy B.	134	1999	Colgan, Sharon M.	182	2003	Klonsky, Bruce G.
37	1992	Taylor, Jim	88	1994	Savoy, Carolyn A.	135	1999	Durtschi, Shirley K.	183	2003	Givi, John M.
38	1992	Ungerleider, Steven	89	1994	Smokler, Carol S.	136	1999	O'Connor, Eddie A.	184	2003	Tate, Gerard F.
39	1992	Vernacchia, Ralph A.	90	1994	Ferguson, Richard M.	137	1999	White, Craig	185	2003	Piering, Peder N.
40	1992	Yambor, Jodi	91	1994	Kane, Maryann	138	1999	Brown, Charles H.	186	2003	Sullivan, Patricia A.
41	1992	Yukelson, David	92	1994	Petrie, Trent A.	139	1999	Jones, Jeffrey P.	187	2003	Meyer, Barbara B.
42	1992	Ziegler, Susan G.	93	1994	Ievleva, Lydia B.	140	2000	Lesyk, Jack J.	188	2003	Naoi, Aire
43	1992	Zientek, Candice E.	94	1994	Thierfelder, Dr. William	141	2000	Watson II, Jack C.	189	2003	Lee, Jay T
44	1992	Cogan, Karen D.	95	1995	Perna, Frank M.	142	2000	Naylor, Sarah L.	190	2003	Mintz, Marshall
45	1992	Botterill, Cal	96	1994	Rubin, Tova R.	144	2000	Zizzi, Samuel J.	191	2003	Hilyer, James
46	1992	Cook, David L.	97	1995	Suinn, Richard M.	145	2000	Salitsky, Paul	192	2003	Walker, Barbara
47	1992	Gordon, Sandy M.	98	1995	Griffin, Joy	146	2001	Conroy, David E.			

The Challenges of Being a Scientist/Practitioner

AAASP Associate Editor, Peter Giacobbi, Jr. Interviews Dan Gould About His Keynote Address



Each year I look forward to the Coleman Roberts Griffith address at the annual AAASP conference. Over the years members of AAASP have been privileged to hear many outstanding talks, and this year's address was particularly inspiring. Dr. Dan Gould did

a great job providing insight into the life of Coleman Roberts Griffith. After listening to Dan's talk I was intrigued by the similarities between the scientific and applied work being conducted by respected members of AAASP today and the work Griffith did at the University of Illinois in the 1920s. Griffith's published work indicated he embodied the ideals of a scientist/practitioner. This year's Coleman Roberts Griffith address also demonstrated the need to rethink the gap between the science and practice of applied sport and exercise psychology. It is my desire to further stimulate dialog about such issues. On Tuesday October 28, 2003, I interviewed Dan about his talk. I wanted further insight about how the field can impact more people. What follows is a synthesis of this interview along with some of my own insights about ways to expand the nature, scope, and impact of applied sport and exercise psychology.

I began the interview by asking Dan to reflect about the state of the field and speak generally about the gap between the science and practice of applied sport psychology. Dan expressed pride in the enormous scientific and practical progress the field has made in the last few decades. Such gains are made evident by the explosion of knowledge in our journals and the number conferences attended by scholars and practitioners from around the world. However, the field may not be disseminating important information to those who can benefit in the most efficient and effective manner possible. In many ways we are not recognizing the "delicate balance" between the demands of academia or the scientific community and those who can benefit from applied research. In other words, "we are not getting valid information to people who can use it in a form they can understand." He shared with me his belief that individuals trained as professors often approach knowledge from a different perspective and do not recognize or directly address the real issues faced by coaches, athletes, and exercise participants. For instance, Dan stated that one of the most pressing problems discussed by coaches is that athletes today often fail to take responsibility for their behaviors. Other challenges in sport concern hazing and trash talking. While all of us are aware of these aspects of modern sport, I am hard pressed to find empirical investigations that have focused on ways to understand and alleviate these concerns. Clearly, researchers are focusing on issues and concerns that are sometimes different from what coaches, athletes, and exercisers experiences.

Dan suggested that perhaps we could learn something from individuals trained in business marketing by doing "a needs assessment" of various sport and exercise contexts. In my opinion, practicing sport psychologists often perform needs assessments with clients in consulting relationships. However, my perception was that Dan referred to a more global form of assessment focused on particular teams; youth sport organizations, communities, or a physically inactive culture. Such a "needs assessment" should include invitations to practitioners in the field who are familiar with the challenged of individuals who might benefit from research findings. I would contend that future AAASP symposiums could focus on ways to assess the needs of sport and exercise participants. Perhaps AAASP could host a regional summit focused upon practical challenges in sport and exercise contexts. After a careful assessment of the practical problems faced by different groups and individuals (i.e., athletes, older adults, etc.), Dan suggested that we "bring our scientific knowledge and methods to bear on these problems."

Dan speculated there might be a "missing step" in the research process. Even applied researchers sometimes fail to account for the "constraints and parameters" faced by coaches, athletes, and exercise participants. Our research questions and applied implications often demonstrate a lack of understanding of the challenges faced by coaches, athletes, or exercisers in their everyday lives. Such constraints might include the amount of time collegiate athletes are allotted to practice each week. When designing a psychological skills training program for collegiate athletes, sport psychologists need to keep in mind the NCAA only allows athletes to engage in 20 hours of practice and competition related activities per week. As a result, information delivered to collegiate coaches and athletes must be easily integrated into physical practice or presented in a manner that allows for easy application in the everyday lives of athletes. In this case, the missing step in the research process might involve the synthesis of research findings into a form that is understandable and appealing to those who can benefit.

Another missing step in the research process might involve how, and under what conditions, important research findings are disseminated to individuals who can benefit. While the growth of applied research has been extensive since the inaugural issue of the *Journal of Applied Sport Psychology (JASP)*, Dan contended that we must do a better job getting the message to the public. While the message is good, we are not getting it into the hands of people who can benefit. Often times, "we might want practitioners to be smarter than they are," and we assume that our findings are easily understood. Perhaps there is a need for more empirical reviews that focus on easily understood applications to sport and exercise contexts. Another similar observation Dan made during his talk

was that researchers often spend far greater time interpreting their findings in terms of theory-based knowledge but limit their applied recommendations to a few short paragraphs. Dan contended that a realignment of research priorities to address the practical problems of sport and exercise participants might stimulate more emphases on asking more applied practical questions and actual implications for the targeted group.

Although most of Dan's talk focused on applied sport psychology, I think the issues presented during the address were equally important for exercise psychology. Indeed from a public health perspective, applied exercise psychology might impact the health and quality of life of millions of individuals across the age span. In recent years, the interest in exercise and health psychology within AAASP has grown tremendously. Dan placed emphasis on the need for more clinical trials research with exercise participants and he also described this form of research as "extremely powerful." I would argue individuals who gain federal funding to perform applied exercise psychology interventions, or clinical trials research, offer the field enormous potential for increased growth, prestige, and notoriety. However, applying the findings from clinical trials based research is often difficult because of the large financial and logistical support necessary to perform such interventions. Thus, the potential utility and/or generalizability of findings from clinical trials is limited because a local Y.M.C.A. often cannot afford to hire individuals with appropriate medical or psychological training to oversee their exercise programs. Similar to the situation with collegiate athletes described above, researchers in exercise psychology need to consider the feasibility of applying research findings in exercise contexts with individuals who face challenges exercising.

Dan adamantly expressed that he is not dissatisfied with the field of sport and exercise psychology. Rather, his concerns reflected a desire to expand the impact of the field to more individuals who can benefit. He expressed a need for researchers and practitioners to ask "what is the essential information they [coaches, athletes, exercisers] need." By asking and answering this question we are in a better position to interpret and disseminate important information to a larger audience.

In closing I would like to say that I felt honored to interview Dan and offer this reaction. Please consider my integration of information here as a challenge for future discussion. I welcome your comments and suggestions and can be reached at pgiacobbi@hhp.ufl.edu.





Positive Psychology and Authentic Happiness

AAASP Associate Editor, Al Clarke
Reviews Martin Seligman's Keynote Address

In the opening remarks of his keynote address, Martin Seligman described himself as a cheerleader for the science of positive psychology. He has clearly been an important voice for positive psychology for many years as was evidenced during his presidency of APA where he worked to shift the focus of psychology from a disease model to a science of positive psychology. In his keynote address to AAASP this year, Seligman described positive psychology as a science which focuses on the strengths of individuals; it attempts to understand and build on those things that make life fulfilling and meaningful. Seligman acknowledged that the disease model need not be discarded by psychologists, as he argued that the techniques of positive psychology can be used to supplement the interventions of the disease model. Seligman even plans to publish a classification system (the "UnDSM") of strengths and virtues that will clearly be in contrast to the symptom-based system of the DSM-IV-TR.

Seligman is currently promoting "Authentic Happiness Coaching" which he described in his talk as a way to help individuals build happy lives. Although this has the superficial ring of the "shiny, happy people" philosophy described in the REM song, his work has a deeper level. In an answer to the question of what is happiness, Seligman described three aspects of it: the pleasant life, the good life, and the meaningful life.

The pleasant life, according to Seligman, involves the pursuit of pleasure, contentment, and serenity. Doing what he described as gratitude work, focusing on daily blessings, and encouraging a mindful hopefulness are ways to enhance positive affect. The pleasant life involves balance in one's life, and he emphasized that individuals must consciously work to achieve this balance. Seligman continued in this existential mode of thought as he stated, "When our life is in harmony, we are at our best."

Seligman described the good life as the re-crafting of one's life by identifying and building on an individual's "signature strengths." Simply identifying these signature strengths, according to Seligman, can be powerful in itself. He argued that the good life involves being fully engaged in an experience, and he compared this pursuit of the good life to being in a flow-type experience. This good life may also be compared to the experience of resonance described by Newburg and Durand-Bush. Again, Seligman emphasized the work that must be done in order to achieve the good life or harmony. Throughout his

presentation, he described various exercises (not short cuts but "long cuts") that he employs to enhance strengths.

The third aspect of happiness described by Seligman is the pursuit of meaning in one's existence. As Seligman spoke of the importance of the meaningful life, the work of Frankl and logotherapy came to mind. Seligman's take on the pursuit of meaning involves using one's signature strengths in the pursuit of something larger than oneself. This may involve altruistic work, creating a vision of a positive future, or the consideration of one's legacy to family and society.

Seligman spoke more specifically of the world of sport as he argued that athletes can enhance their performance and increase the pleasure and meaning derived from sport by building on all three levels of happiness. At the first level, it is important that one participates in a sport because of the intrinsic pleasure that is experienced in the playing. The second level involves playing for those moments in which time stops; those flow experiences that Seligman did acknowledge are few and far between. One achieves these flow-type experiences by working on one's strengths, and he also argued that athletes can use their strengths as a buffer against their weaknesses. Thirdly, it is important that athletes examine their values and the why of their participation in sport. That is, what life meaning does their participation give them.

Seligman also spoke of his past research in the area of sport psychology. This research is described in his book "Learned Optimism," and it discusses the importance of the attributions or "explanatory style" that an individual habitually makes in order to explain why events happen. The research suggests that individuals and teams whom possess a more optimistic explanatory style have more positive outcomes, especially after experiencing a setback or defeat. In his AAASP address, Seligman argued that those in the field of sport psychology are well placed to research the principles of positive psychology and performance. He called on those within the field to use the principles of positive psychology to show its effectiveness, especially with successful elite performers.

I am glad I heard Seligman's address. Although there was not much new research presented, he reminded us that in our work with others (in the world of sport and beyond), that it is critical to look at the strengths and virtues of clients. A healthy balance is achieved by focusing on what is right with our clients, building on their strengths or what is best about them, and examining what engages individuals and makes their life meaningful. Seligman acknowledged that even strengths have a shadow side if balance is lost, but his message to look at the world through an optimistic, realistic window is well-taken.

For those interested in finding out about Dr. Seligman's new book "Authentic Happiness," one can do so at www.authentichappiness.org. This site also has links to various questionnaires related to his work including the VIA Signature Strengths Survey. Information about "Authentic Happiness Coaching" can be found at www.AuthenticHappinessCoaching.com.



Shall We Talk Over Lunch? How Much Should You Self-Disclose to Your Clients and Remain Ethical?

Edward Etzel & Jack Watson
West Virginia University

Truth be told, our clients are naturally curious about who they work with.

The topic of healthy boundaries in our work with sport and exercise psychology clients has been a controversial one over the years. In truth, this issue may be more controversial in sport and exercise psychology because of a desire to overcome the negative stigma often identified by athletes toward our field (Maniar, Hanks, Cogan, Carter, Etzel, & Smith, 2003). Clearly, we all want and need to connect with those we serve. Developing close, yet professionally appropriate, relationships with those who seek out our consultation and portraying

this image to those who might seek our services are essential to effective intervention and recruitment of new clients. Where is the line between healthy voluntary self-disclosure, client inquiries for such information, and taking it too far? As with most ethical issues that we discuss in these articles, the answer to this question is not simply written in black and white. This question needs to be answered by each practitioner while conscientiously considering the individually salient issues that may be affected by disclosures.

Andersen, Van Raalte and Brewer (2001) discussed selected aspects of the unique, real world of sport psychology service delivery (e.g., novel settings, chance encounters, brief contacts) and provided several useful suggestions on how to do so in an ethical manner. It is true that some practitioners lean toward less rigid practices in their service delivery when they do things like buy small presents for clients or occasionally socialize with their athletes (Etzel, Watson & Zizzi, in press). Similarly, in the field of clinical psychology, Arnold Lazarus is another advocate of occasionally looser boundaries (e.g., sharing some personal information, getting or giving a car ride, having lunch at a restaurant) when it comes to his work with therapy clients (Lazarus, 1999).

Is it harmful to play a friendly round of golf with a client or to go for a run together? How much is appropriate to reveal about oneself intentionally and unintentionally? Privately or publicly? Verbally or non-verbally? How can one set boundaries that better insure doing “good work” in often non-traditional settings, all the while minimizing harm to client or self?

Slattery and Knapp (2002) observed that many avenues of disclosure can have an influence on our work, which may say as much about us as what we say during our consultations. Although we may not think much about these simple things, the location and state of our office (accessible, messy, tidy, lighting), the clothes we wear (sporty, a suit), furniture (comfortable, or less so) and pictures or decorations all say many things about us. For example, one author intentionally has a very informal office in an off the beaten path portion of an on-campus athletic building. It has low level lighting, a US Olympic calendar and a few sporty plaques, soft upbeat music, and some large comfortable consulting chairs. He tends to wear relaxed school “gear” and athletic shoes, and intentionally eschews his tie. Hopefully, student-athlete clients feel like they can connect easily with him - a member, albeit a professional member of the athletics “family” like them. These subtle, looser practices are significant and link to consultant genuineness and client matching.

Although the chance of practitioners being asked questions about their personal lives by a client (e.g., families, health, interests, where one lives) is always a possibility, the likelihood increases when we interact on an informal social basis with our clients. Truth be told, our clients are naturally curious about who they work with. While these inquiries may be often benign, they can be challenging, intrusive and damaging to both parties. Be-



fore answering these questions, it would be prudent for the practitioner to ask her/himself: Why is the client asking me this information? If I want to answer this question, what is my motivation to answer it? How will/could my answer to this question possibly affect my relationship with the client? How could my revelation influence the goal(s) of my work with the client? If the answers to these questions lead the practitioner to believe that responding and revealing much private information would negatively affect the relationship with the client or that the desire to answer the question is filling a personal need for themselves or the client, it may not be a good idea to answer the question.

Revelations of personal information may foster a more trusting working relationship with clients and make the sport psychology consultant seem like more of a “regular guy/gal” and perhaps reduce the stigma of seeking consultation. However, it may set up or change a professional relationship for the worse. As best as we can, we need to think about what we might be asked in advance, as well as how we would like to respond, if at all, to questions we get about ourselves and our lives. We also need to remember that our answers to these questions will likely have some impact upon our relationships with our clients.

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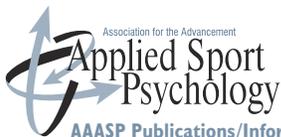
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