

Journal of Sport Psychology in Action

The Official Journal of the Association for Applied Sport Psychology (AASP)

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Instructions for Authors

Editorial Statement:

The *Journal of Sport Psychology in Action (JSPA)* is a nonproprietary journal that is operated by the Association for Applied Sport Psychology for the promotion of quality research in the field of applied sport psychology. The publisher of the JSPA is Taylor and Francis, Inc. of Philadelphia, PA. The JSPA is published three times a year, and is a refereed publication with all submissions reviewed by three peers via blind review process. The editor of the journal is selected by the Executive Board of AASP by a formal vote. He/She is appointed to a three-year term with one consecutive renewal possible if so voted by the Executive Board. Associate Editors are appointed by the Editor representing Intervention/Performance Enhancement, Health Psychology, Exercise Psychology, Developmental Sport Psychology, Elite Sport, and Coaching. The Associate Editors are approved by the Executive Board of the Association and serve staggered terms ranging from three to five years. An individual holding an AASP Executive Board office as a Division Head cannot serve as an Associate Editor. Editorial Board members are appointed to three, four or five-year terms as determined by the Editorial staff of the *JSPA*. Editorial Board members may be reappointed to one consecutive term or may be asked to retire their seat on the Board at the discretion of the Editorial staff. The journal is a direct benefit of membership in AASP and is received by student and professional members.

Instructions to Authors

The JSPA is designed to promote the application of scientific knowledge to the practice of sport and exercise psychology. Submissions that advance the practice, science, and advocacy of sport and exercise psychology with the aim of facilitation of optimal participation, performance, and enjoyment in a broad array of sport and exercise settings are appropriate for the *JSPA*.

Submission of Manuscripts

JSPA will receive all manuscript submissions electronically via their ScholarOne Manuscripts website located at: <http://mc.manuscriptcentral.com:80/uspa>. ScholarOne Manuscripts allows for rapid submission of original and revised manuscripts, as well as facilitating the review process and internal communication between authors, editors and reviewers via a web-based platform. For ScholarOne Manuscripts technical support, you may contact them by e-mail or phone support via (site coming soon). If you have any other requests please contact the journal at (JSPA@muohio.edu).

Files should be prepared using MS Word. Each manuscript must be accompanied by a statement that it has not been published elsewhere and that it has not been submitted simultaneously for publication elsewhere. Authors are responsible for obtaining permission to reproduce copyrighted material from other sources and are required to sign an agreement for the transfer

of copyright to the publisher. All accepted manuscripts, artwork, and photographs become the property of the publisher.

The target audience for JSPA is practitioners, people who want to learn more about the practice of sport and exercise psychology. Manuscripts should be written in a style that will inform practitioners, teachers, athletes, or coaches of best practices. Manuscripts accepted for publication in JSPA includes those that explain how research or theory can be applied or put into practice. Research studies will not be accepted. Authors are encouraged to use an informal, conversational English that is informative to read, provides practical examples, and when appropriate, include photos, tables or charts to illustrate ideas.

All parts of the manuscript should be typewritten, double-spaced, include page and line numbers, with margins of at least one inch on all sides. Articles will normally be no more than 10 to 12 double-spaced pages in length (including tables, figures and references). They should include a title page, a 100-word abstract and complete references. The title of the manuscript should reappear on the first page of the text. Authors should also supply a shortened version of the title suitable for the running head, not exceeding 50 character spaces.

Manuscripts, including tables, figures and references, should be prepared in accordance with the Publication Manual of the American Psychology Association (Sixth Edition, 2010). Copies of the manual can be obtained from the Publication Department, American Psychological Association, 750 First Street NE, Washington, DC 20002-4242; phone (202) 336-5500.

Authors are to avoid the use of sexist, racist and otherwise offensive language. Manuscript copies should be clear and legible and all figures must be camera ready. All reviews are blind and conducted by two reviewers and an Associate Editor with the review process taking 6–8 weeks. Authors will receive typed feedback regarding the editorial decisions made on their manuscript and any suggested revision recommendations. A file copy of the manuscript should be kept by the author.

Illustrations

Illustrations submitted (line drawings, halftones, photos, photomicrographs, etc.) should be clean originals or digital files. Digital files are recommended for highest quality reproduction and should follow these guidelines:

- 300 dpi or higher
- sized to fit on journal page
- EPS, TIFF, or PSD format only
- submitted as separate files, not embedded in text files

Tables and Figures

A short descriptive title should appear above each table with a clear legend and any footnotes suitably identified below. All units must be included. Figures should be completely labeled, taking into account necessary size reduction. Captions should be typed, double-spaced, on a separate sheet.

Proofs

One set of page proofs is sent to the designated author. Proofs should be checked and returned within 48 hours.

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