

May 20<sup>th</sup> , 2011

Association for Applied Sport Psychology

2424 American Lane

Madison, WI 53704-3102

Dear Dr. Lesyk,

In accordance with the requirements of receiving the 2011 Student Conference Grant from the Association for Applied Sport Psychology (AASP), it is our pleasure to report the success of the 2011 Southwest Regional Student Conference at the University of Denver.

During the weekend of April 15<sup>th</sup> and 16<sup>th</sup>, the University of Denver hosted 39 students representing 8 regional universities. During the weekend, 15 students presented original and applied research from the field of sport and performance psychology, totaling 7 student presentations and 4 professional presentations. Based on responses from a post-conference email evaluation survey, students commented on their appreciation for having “their voice heard”, as well as being exposed to other students from “many types of programs” in the region.

At the conference, students appreciated our two keynote speakers, who were Dr. Traci Statler, Ph.D. (California State University – Fullerton) and Dr. Keith Henschen, P.E.D. (Retired - University of Utah). Both keynote speakers discussed the future of AASP, as well as the directions that they would like to see the field of sport and performance psychology take in the coming years. Beyond the keynote addresses, the attendees also had a chance to ask questions to a professional panel made up of Dr. Ashwin Patel, Dr. Jamie Shapiro, Dr. Steve Portenga, Dr. Mark Aoyagi, Dr. Artur Poczwardowski, Dr. Keith Henschen, Dr. Traci Statler, and Dr. Megan Babkes Stellino.

Some of the highlights of the conference, as provided by anecdotal discussions and post-conference evaluations, included the following:

- Keynote addresses from Dr. Traci Statler and Dr. Keith Henschen
- Professional Panel highlighting professors representing five institutions
- Small group think tank as closing activity for students
- Eight sport and exercise/performance programs represented
- Informal student interactions throughout event
- Successful happy hour social event
- Mean score of 6.2 (out of possible 7) on the ‘ability of the students to have their voice heard’
- Mean score of 6.0 (out of possible 7) on the ‘organization of the conference’

Given the success of this student conference, it would have all been for naught if it weren't for the generosity of the AASP grant.

Thank you for contributing to the 2011 Southwest Regional Student Conference at the University of Denver. We look forward to representing AASP again at future conferences.

Sincerely,

Adam O'Neil

University of Denver

Graduate School of Professional Psychology

Sport and Performance Psychology Masters Candidate

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Please see the attached supplemental materials from the 2011 Southwest Regional Student Conference at the University of Denver.

- AASP 2011 Conference Flyer – Honolulu, HI
- AASP Southwest Regional Student Conference Flyer