

3<sup>rd</sup> Annual Meeting of the Eating Disorders Special Interest Group (ED SIG) of the  
Association for Applied Sport Psychology  
Co-Chairs: Beth McGilley and Christine Selby

Minutes – Thursday, October 28, 2010

Present: Christine Selby (co-chair), Emily Heller, Cody John, Anna Contor, Carrie Scherzer, Krissy Wappler, Alicia Johnson, Carly Anderson, Eric Morse, Alexandra Hinton, Justine Reel, Dana Voelker

Christine Selby called the meeting to order.

Sign-up sheet distributed to get attendance of members and e-mail addresses.

Discussion initiated about ways to get the SIG more active and visible in the Association and to the public (e.g., other professionals, athletes, parents, coaches, etc.). Ideas discussed included:

- Compiling and posting a bibliography of books and articles on athletes and EDs published within the past 5 years. Likely to include subsections such as male athletes and EDs, elite athletes and EDs, information for coaches/parents/trainers, etc.
- Presentations at future AASP conferences with the intent of consistently submitting at least one SIG sponsored item which may include
  - o Panel presentations
  - o Workshop – discussion included the preference to have the workshop be conducted as a part of the regular conference rather than a pre-conference workshop to maximize attendance
- Drafting and submitting a position paper for the AASP EC to consider regarding athletes and EDs
- Justine Reel, on the editorial board of the Journal of Sport Psychology in Action informed the group that she would like to work with the SIG to submit an article to the Journal of Sport Psychology in Action as a way to get the SIG more exposure
- Adding items to the AASP website under the SIG page as well as the pages specific to professionals, athletes, coaches/trainers, etc.
  - o Discussion included whether to focus our efforts on targeting the public or professionals within the field. Initial consensus was to target the public for the purpose of gaining visibility for the SIG but also AASP and the field of sport and exercise psychology in general.
  - o Dana Voelker, Student Representative, noted that in discussions with AASP EB members it was evident that the EB would like the SIGs of the Association to be of service to the membership.
- Christine Selby solicited volunteers to work on the above items. Volunteers include: Emily Heller, Dana Voelker, Alicia Johnson, Krissy Wappler and Anna Contor.

Meeting adjourned at 2:00pm.

Respectfully Submitted,

Christine Selby  
Co-Chair, Eating Disorders SIG