

AASP Sport Psychology On Call Program Offers Specialty Sport Topic Authorities

Madison, WI— Topics in sport such as anger and aggression, eating disorders, fan behavior, performance enhancement, injury and comebacks, disability, youth sport, sexual and gender issues, require an experienced authority to comment to the media.

The Association for Applied Sport Psychology is pleased to offer the media the resources of a number of authorities from the organization's Special Interest Group (SIG) committees who specialize in unique areas related to sport issues.

The AASP leaders (their bios are attached), who are available as part of the organization's Sport Psychology On Call program, are national and international sport psychology practitioners who offer expertise in a wide variety of specific sport psychology issues including:

- Anger and aggression in sport
- Performance enhancement, aggression
- Fan behavior
- Eating disorders and body image
- Sport injury
- Youth sport
- Disability in sport and exercise
- Gay, Lesbian, Bisexual, Transgender in Sport

According to Dr. Amanda J. Visek, the AASP Executive Board member overseeing Public Relations and Outreach, "The goal of AASP is to foster a greater understanding of the field of sport and exercise psychology. Our Sport Psychology On Call program is available to provide the media with leaders who rank among some of the most knowledgeable in their respective fields."

For additional information or to arrange an interview, please contact the AASP Public Relations Office at 440-543-8615, or via email at bw@yp-pr.com.

About AASP

The Association for Applied Sport Psychology (AASP) promotes the ethical practice, science and advocacy of sport and exercise psychology. Founded in 1986, AASP is an international, multidisciplinary, professional organization that offers certification to qualified professionals who practice sport and exercise psychology. With more than 1,200 members in 28 countries, AASP is a worldwide leader, sharing research and resources with the public via its Web site, www.appliedsportpsych.org.



SPECIAL INTEREST AUTHORITIES ON CALL AND AVAILABLE FOR MEDIA

Anger and Aggression in Sport

Mitch Abrams, PsyD

Author, Assistant Professor, University of Medicine & Dentistry of New Jersey Robert Wood Johnson Medical School

Dr. Mitch Abrams is the author of *Anger Management in Sport: Understanding and Controlling Violence in Athletes* and is also a clinical assistant professor in the Department of Psychiatry at UMDNJ/Robert Wood Johnson Medical School. He serves as a clinician administrator for University Correctional HealthCare/University of Medicine & Dentistry of New Jersey, where he is responsible for mental health services for six of the state's 13 state prisons.

He is the founder and president of Learned Excellence for Athletes, a sport psychology consulting company located in Fords, New Jersey which provides sport, clinical and forensic psychology services.

Dr. Abrams received a Bachelor of Science degree from Brooklyn College and earned a Master of Science degree in applied psychology and a doctorate of psychology in clinical psychology from C.W. Post/Long Island University. He also received specialized training in family violence and anger management. He is a member of the American Psychological Association and AASP, where he serves as chair of the Anger and Violence Special Interest Group and the Association for Behavioral and Cognitive Therapies.

Performance Enhancement, Aggression

Larry Lauer, Ph. D.

Director, Michigan State University

Dr. Larry Lauer is the director of coaching education and development at Michigan State University's Institute for the Study of Youth Sports where is responsible for coaching curriculum development, research-evaluation coaching science and youth sport and performance enhancement consulting.

Dr. Lauer specializes in performance enhancement, coaching, life skills, aggression and leadership in the sports of hockey and tennis. He is listed as one of the 100 Most Influential Sport Scientists by the United States Olympic Committee Sport Psychology Registry.

Fan Behavior

Daniel Wann, Ph. D.

Professor, Murray State University, Kentucky

Dr. Daniel Wann is a professor of psychology at Murray State University. He heads the AASP Special Interest Group on Fandom, and is an author of *Sport Fans: The Psychology and Social Impact of Spectators*. He has served as a consultant for several national corporations and sport organizations including the Professional Golfers Association, Taylor Made Golf, the National Basketball Association, Major League Baseball and the National Collegiate Athletic Association to assist in understanding sport fans.

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Dr. Wann is an award-winning researcher and teacher. He is a member of the executive board of directors for the National Alliance for Youth Sports, faculty member for the Academy for Youth Sport Administrators and a member of the editorial and advisory board for the NCAA Scholarly Colloquium on college sports.

Eating Disorders and Body Image

Christine Selby, Ph. D.

Private Practice Psychologist and Assistant Professor, Husson University, Maine

Dr. Christine Selby is a licensed psychologist specializing in eating disorders and sport/exercise psychology with a private practice in Bangor, Maine. She is the facilitator of the only eating disorder support group in the state. Dr. Selby is also an assistant professor of psychology at Husson University, where she teaches a variety of courses, including a graduate course on eating disorders.

Dr. Selby received her master's degree in athletic counseling from Springfield College and her doctorate in counseling psychology from the University of North Texas. She is an AASP Certified Consultant.

Sport Injury

Frances Flint, Ph. D.

Professor, York University, Ontario

Dr. Frances Flint is a professor at York University. She is a faculty member in the School of Kinesiology and Health Science where she teaches athletic therapy and psychology of sport injury and rehabilitation academic courses.

Dr. Flint is a Fellow of AASP, member the National Athletic Trainers' Association and is a past president of the Canadian Athletic Therapists' Association (CATA). She is a certified athletic therapist and a certified athletic trainer. Dr. Flint earned a Bachelor of Physical and Health Education degree from the University of Toronto. She earned both a Master of Science degree and doctorate degree from the University of Oregon.

Youth Sport

Martha (Marty) Ewing, Ph. D.

Institute for the Study of Youth Sports, Associate Professor, Michigan State University and Former AASP President

Dr. Marty Ewing is an associate professor in the Department of Kinesiology and a staff member in the Institute for the Study of Youth Sports at Michigan State University. She is also a member of the Sports Medicine Team at MSU and has served as a sport psychology consultant with several teams and many individual intercollegiate athletes. She has also consulted with many youth in gymnastics, figure skating, golf, soccer and baseball.

Dr. Ewing has focused her research on issues surrounding youth in sport. She has studied why youth participate in and drop out of sports, parental pressure, sportsmanship and early specialization.

Youth Sport

Dan Gould, Ph. D.

Author, Professor, Director of the Institute for the Study of Youth Sports and Former AASP President

Dr. Dan Gould is the director of the Institute for the Study of Youth Sports and professor in the Department of Kinesiology at Michigan State University.

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Dr. Gould has served as a performance enhancement consultant with the U.S. Ski Team, NASCAR pit crews and drivers, professional tennis players and Olympic athletes. Dr. Gould has also served on the U.S. Olympic Coaching Development Committee for more than 10 years. He is an AASP Certified Consultant.

Dr. Gould has studied the stress-athletic performance relationship, sources of athletic stress, athlete motivation, youth sports issues and the effectiveness of sport psychological skills training. He has co-authored two highly regarded books which are used in teaching sport psychology: *Foundations of Sport and Exercise Psychology* and *Understanding Psychological Preparation for Sport: Theory and Practice of Elite Performers*.

Disability in Sport and Exercise

Aaron Moffett, Ph. D.

Assistant Professor, California State University – San Bernardino

Dr. Aaron Moffett is an assistant professor of kinesiology at California State University – San Bernardino where his instruction is focused on practical and research experience on techniques to maximize all people's abilities and accomplishments.

Dr. Moffett is currently researching factors that affected U.S. athletes' performances at the Beijing Para-Olympic Games. He has coached athletes with and without disabilities from youth through collegiate levels and consults with athletes at all levels.

Dr. Moffett served as a coach/leader with the U.S. Paralympic Academy and was awarded the Molina Healthcare Community Champion in Education for his work with people with disabilities.

Gay, Lesbian, Bisexual, Transgender In Sport

Craig Kain, Ph. D.

Lecturer, California State University – Long Beach

Dr. Craig Kain serves as a lecturer at California State University – Long Beach where he teaches sport psychology courses at the undergraduate and graduate levels. Dr. Kain is also a licensed psychologist where he counsels patients in private practice.

Dr. Kain serves as a sport psychology consultant specializing in issues related to gay, lesbian, bisexual athletics, as well as homophobia and bullying of gay, lesbian, bi-sexual and transgender children in sport/athletic settings.